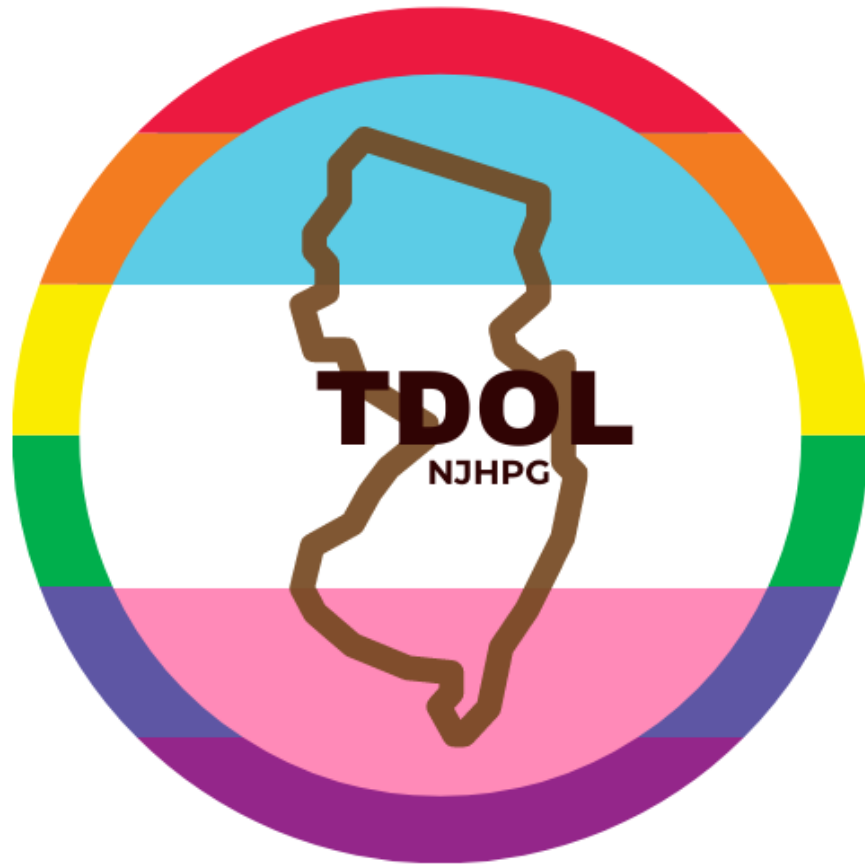


# Transgender Days of Learning



## Resource Guide

Last Updated: 11/15/2022

## **Acknowledgements**

This resource guide is intended to consolidate pivotal information from across New Jersey to support the Transgender community. With the help of community members and agency partners, this guide will be maintained and distributed for public use.

To all of our community members, who have and will continue to support this effort, thank you for your contribution!

This is a living document; if you notice any needed edits please contact [nj.hpg@jefferson.edu](mailto:nj.hpg@jefferson.edu).

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## Housing Resources

One of the areas where transgender and gender nonconforming people often face disparities is in housing. According to the National Center for Transgender Equality, one in five trans people have experienced housing discrimination and one in ten have experienced eviction based on gender identity (2021). This issue is significant because it affects quality of life and can lead to a decline in other health outcomes. Unequal access to housing is associated with other factors including lower mental health outcomes, food insecurity, and lower employment rates (Kirkpatrick & Tarasuk, 2011). Many trans and gender non-conforming people face discrimination in employment due to their identity, and without access to employment, many people find it hard to access housing. When people face discrimination in the process of finding housing or are unable to afford it, it often means they are unable to afford food on a regular basis, and this can lead to depression and anxiety and a decline in physical health. When people experience these barriers in accessing necessities, it makes it difficult for them to access healthcare services for regular checkups, HIV testing and cancer prevention services due to fear of discrimination and low rates of health insurance coverage because of low employment rates (Rollston, 2019). To improve the health of the community and lower disparities in housing outcomes, more protections should be put in place to address the systematic barriers experienced by transgender people.

### **Citations**

[https://fenwayhealth.org/wp-content/uploads/TFIP-28\\_TransMenCervicalCancerScreeningBrief\\_web.pdf](https://fenwayhealth.org/wp-content/uploads/TFIP-28_TransMenCervicalCancerScreeningBrief_web.pdf)

<https://transequality.org/issues/housing-homelessness>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3079041/>

<b>EDGE New Jersey</b>	
<b>Description</b>	The mission of EDGE New Jersey is to respond compassionately and responsibly to those living with HIV, those at risk, and the LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies, and education to enhance the community it serves.
<b>Address</b>	295 E. Main Street, 1 <sup>st</sup> Floor, Denville, NJ 07834
<b>Phone</b>	(973) 285-0006
<b>Email</b>	<a href="mailto:info@edgenj.org">info@edgenj.org</a>
<b>Website</b>	<a href="http://www.edgenj.org">www.edgenj.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Care Coordination</li> <li>• Behavioral Health Care</li> <li>• Support Groups</li> <li>• HIV Prevention services <ul style="list-style-type: none"> <li>○ Free HIV Testing (onsite and mobile) and linkage to treatment</li> <li>○ Distribution of Safe Sex Materials</li> </ul> </li> <li>• Housing: <ul style="list-style-type: none"> <li>○ Referral services</li> <li>○ Landlord/lease negotiations</li> <li>○ Housing coordination</li> <li>○ Tenant based rental assistance</li> </ul> </li> <li>• Medical services: <ul style="list-style-type: none"> <li>○ Primary Care</li> <li>○ Outpatient Medical (HIV/HEPC/STI)</li> <li>○ LGBTQ+ Healthcare</li> <li>○ PrEP Programs</li> <li>○ Pharmacy and Medical Liaison Services</li> <li>○ Medical Case Management</li> <li>○ Psychiatric Prescribing Services</li> </ul> </li> <li>• Education and Training <ul style="list-style-type: none"> <li>○ HIV 101 Training</li> <li>○ LGBTQ+ Cultural Humility Training</li> </ul> </li> </ul>
<b>Additional Information</b>	EDGE NJ's Community Center is open: Sunday 10:00 AM-4:00 PM Monday-Thursday 9:00 AM-9:00 PM Friday 9:00 AM-5:00 PM

<b>Essex County LGBT Rain Foundation</b>	
<b>Description</b>	Essex LGBT Reaching Adolescents in Need (RAIN) Foundation is a 501(c)3 nonprofit that provides emergency shelter, transitioning housing, and permanent supportive housing services to address the emergent need of Lesbian, Gay, Bisexual, Transgender, and

	Questioning (LGBTQ) young adults between the ages 18-26 experiencing crisis leading to homelessness.
<b>Address</b>	168 N Park St, East Orange, NJ 07017
<b>Phone</b>	(973) 675-6780
<b>Email</b>	<a href="mailto:info@essexlgbthousing.org">info@essexlgbthousing.org</a>
<b>Website</b>	<a href="http://essexlgbthousing.org/">http://essexlgbthousing.org/</a>

## LGBT Senior Housing and Care

<b>Description</b>	LGBT Senior Housing and Care is committed to sharing best practices for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, Ally, (LGBTQ+). Affirming and Welcoming practice for older adults, their chosen and biological families, support groups across sectors and to advocate for these services across the country through education, training, and accessible resources.
<b>Address</b>	64 Wellington Avenue, West Orange, NJ 07052
<b>Phone</b>	(973) 669-0600
<b>Email</b>	<a href="mailto:info@lgbtseniorhousingandcare.com">info@lgbtseniorhousingandcare.com</a>
<b>Website</b>	<a href="https://www.lgbtseniorhousingandcare.com/">https://www.lgbtseniorhousingandcare.com/</a>

## Together

<b>Description</b>	Center for Family Services: Together is a short-term, walk-in shelter in southern New Jersey, providing 24-hour emergency shelter for runaway, homeless, and or neglected youth age 9-18. Together helps youth work on their goal of family reunification or seek alternative, stable living arrangements.
<b>Phone</b>	(856) 881-6100
<b>Website</b>	<a href="https://www.centerffs.org/our-services/safe-supportive-housing/together">https://www.centerffs.org/our-services/safe-supportive-housing/together</a>

## Legal Resources

One of the main areas where transgender people are most vulnerable is under the legal system. Transgender people often face abuse and mistreatment from law enforcement officials, including police officers and prison staff. Especially among black and brown transgender women, many report being harassed by police officers in the form of intentional misgendering, placement in jails and prisons that do not match their current gender identity, and being targeted (National Center for Transgender Equality, 2021). Just in the year 2021, there have been at least 28 transgender people murdered, many of them transgender women of color (Human Rights Campaign, 2021). When it comes to the reporting of trans murders, the media often uses the wrong identity to describe the gender of the trans person killed and often uses a person's birth name instead of their chosen name in news reporting (Forestiere, 2020). To advocate for the rights of the trans community, more law organizations should provide the necessary services and more work needs to be done to recognize and pass legal protections for trans people.

### **Citations**

<https://harvardcrcl.org/americas-war-on-black-trans-women/>

<https://transequality.org/issues/police-jails-prisons>

<https://www.hrc.org/resources/fatal-violence-against-the-transgender-and-gender-non-conforming-community-in-2021>

<b>American Civil Liberties Union of New Jersey</b>	
<b>Description</b>	ACLU-NJ proudly works to end discrimination & keep H8 out of the Garden State.
<b>Address</b>	P.O. Box 32159, Newark, NJ 07102
<b>Phone</b>	(973) 642-2084
<b>Website</b>	<a href="https://www.aclu-nj.org/">https://www.aclu-nj.org/</a>

<b>Francine A. Gargano, Attorney at Law</b>	
<b>Description</b>	A general practice for the gay, lesbian and transgender community and their families
<b>Address</b>	57 Willow Ave, North Plainfield, New Jersey 07060
<b>Phone</b>	(908) 753-2079

<b>LGBT Bar Association of Greater New York</b>	
<b>Description</b>	Offers several pro bono legal clinics devoted to serving the LGBTQ community. The clinics are staffed by volunteer attorneys who provide general guidance and legal referrals, but not legal representation.
<b>Address</b>	393 Central Avenue, Newark, NJ
<b>Contact</b>	Brett Figlewski, Legal Director
<b>Phone</b>	(212) 353-9118
<b>Email</b>	<a href="mailto:bfiglewski@le-gal.org">bfiglewski@le-gal.org</a> or <a href="mailto:info@le-gal.org">info@le-gal.org</a>
<b>Website</b>	<a href="https://www.lgbtbarny.org/clinics-information">https://www.lgbtbarny.org/clinics-information</a>

<b>NJ Office of the Attorney General Civil Rights</b>	
<b>Description</b>	The Department of Law & Public Safety, through its Division on Civil Rights, is responsible for enforcing the law. To file a complaint, contact or visit the office nearest you:
<b>Website</b>	<a href="http://www.njcivilrights.gov">www.njcivilrights.gov</a>

<b>Singer &amp; Fedun, LLC</b>	
<b>Description</b>	Every day the LGBTQ community wins new rights. To protect yourself and the ones you love, look to Singer & Fedun for expert legal counsel. We specialize in the issues that shape your life,

	including estate and life planning and multiple types of family formation
<b>Address</b>	2230 Route 206, PO Box 134, Belle Mead, NJ 08502
<b>Phone</b>	(908) 359-7873
<b>Email</b>	<a href="mailto:wsinger@singerfedun.com">wsinger@singerfedun.com</a>
<b>Website</b>	<a href="https://www.singerfedun.com/">https://www.singerfedun.com/</a>

<b>Wernik &amp; Savatore</b>	
<b>Description</b>	Handling a range of Legal Issues. Extensive experience in all aspects of same-sex (LGBT) family law issues.
<b>Address</b>	34 Village Court, Hazlet NJ 07730
<b>Phone</b>	Phone: (732) 201-3888   Fax: 732-888-3347
<b>Website</b>	<a href="http://www.robinwernik.com">www.robinwernik.com</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Dissolution of Civil Unions and Domestic Partnerships</li> <li>• Gay and Lesbian divorce</li> <li>• LGBT adoption</li> <li>• Same-sex distribution of property</li> <li>• Same-sex support or alimony</li> </ul>

## Health Resources

The ability to access quality healthcare without interference or discrimination is one of the most basic human rights, along with access to food, safe housing, and education (World Health Organization, 2017). However, far too often, transgender people are put in situations where they must go without these needs being met. In most training programs for healthcare providers and other professionals, transgender healthcare is not covered, and many transgender people report feeling unsafe visiting healthcare services on a regular basis. As most healthcare providers are not trained on best practices when engaging with trans patients, many transgender people are unable to take advantage of preventive healthcare services including cancer screening, HIV and STD testing, as well as health treatment services (Safer et al, 2016). In addition, the stigma that many trans people face both within and outside of the healthcare system often leads to increased use of tobacco products and alcohol as a means of coping with the added stress (Scime, 2019). For this reason, many trans people are at increased risk of cancer and other health issues but are less likely to have access to culturally competent providers who can provide the necessary services to treat these illnesses (Safer et al, 2016). While there is limited data on the transgender community due to underreporting and misidentification of patients' identities, there are numerous social and behavioral factors which suggest that this community is experiencing major disparities in health outcomes. To shed light on the health experiences of this community, more providers and other healthcare professionals should be educated on how to provide trans-affirming healthcare and more data on this community should be collected on a regular basis.

### **Citations**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4802845/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6516335/>

<https://www.who.int/news-room/fact-sheets/detail/human-rights-and-health>

## Health Care

<b>Allure Plastic Surgery Center</b>	
<b>Description</b>	Plastic and reconstructive surgery private practice, with AAAHC accredited and state licensed ambulatory surgery center. Our surgery facility is very private, clean, and gender friendly.
<b>Address</b>	194 State Route 35, Red Bank, NJ 07701-5935
<b>Contact</b>	John Taylor, MD
<b>Phone</b>	(732) 483-1800
<b>Website</b>	<a href="http://www.allurenj.com/">http://www.allurenj.com/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Adam’s Apple Reduction</li> <li>• Chest Masculinization</li> <li>• Facial Feminization</li> <li>• General Plastic and Reconstructive Surgeries</li> <li>• Genital Surgery</li> </ul>

<b>Atlantic Surgical Associates</b>	
<b>Address</b>	107 Monmouth Road, Suite 102, West Long Branch, NJ 07764
<b>Contact</b>	Boris Volshteyn MD, MS
<b>Phone</b>	(732) 402-8191
<b>Email</b>	<a href="https://www.atlanticsurgicalassociates.com/">https://www.atlanticsurgicalassociates.com/</a>
<b>Services Offered</b>	Cosmetic Surgery

<b>Balancing Health</b>	
<b>Address</b>	32 World’s Fair Drive, Suite 201 Somerset, NJ 08873
<b>Contact</b>	Mary K. Powderly, MD
<b>Phone</b>	(732) 356-1266
<b>Website</b>	<a href="http://www.balancinghealthnj.com/">http://www.balancinghealthnj.com/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Anti-Aging               <ul style="list-style-type: none"> <li>○ Health Education</li> <li>○ Pain Relief</li> <li>○ Weight Loss Management</li> </ul> </li> <li>• Balancing Health Services:</li> <li>• Endocrinology</li> <li>• Gynecology</li> <li>• Primary Preventative Care</li> </ul>



<b>Bergen New Bridge LGBTQ+ Health &amp; Wellness Center</b>	
<b>Description</b>	(A Clinical Affiliate of Rutgers) The mission of the LGBTQ+ Health & Wellness Center at Bergen New Bridge Medical Center is to connect members of the LGBTQ+ community to medical and mental health services in one location. Our Center is a safe place where those who identify as members of the community can access care, testing, as well as education, in a supportive environment.
<b>Address</b>	230 E Ridgewood Ave, Paramus, NJ 07652
<b>Phone</b>	Main Line   (201) 225-7130  Access Center 24/7 for Mental Health and Substance Abuse Services 1-800-730-2762
<b>Website</b>	<a href="https://www.newbridgehealth.org/lgbtq-health-wellness-center/">https://www.newbridgehealth.org/lgbtq-health-wellness-center/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Behavioral Health</li> <li>• General Medical/Specialty Referrals</li> <li>• HIV/Std Screening, Treatment, And Prevention</li> <li>• Immunizations</li> <li>• Ob/Gyn</li> <li>• Prep And Pep Care and Coordination</li> <li>• Preventative Care Services</li> <li>• Primary Care Service</li> <li>• Social Work</li> <li>• STI Screenings and Treatment</li> <li>• Substance Use Disorder Treatment Services</li> <li>• Transgender Health <ul style="list-style-type: none"> <li>○ Gender Affirming Surgery</li> <li>○ Hormone Therapy</li> </ul> </li> </ul>

<b>Bergen Plastic Surgery</b>	
<b>Description</b>	Cosmetic Surgery
<b>Address</b>	275 Forest Avenue Suite 202, Paramus, NJ 07652
<b>Contact</b>	Tzvi Small, M.D.,F.A.C.S
<b>Phone</b>	(201) 599-1500
<b>Website</b>	<a href="https://bergenplasticsurgery.com/gallery/">https://bergenplasticsurgery.com/gallery/</a>

<b>Child Health Institute of New Jersey (CHINJ)</b>	
<b>Address</b>	89 French Street, 2nd Floor, New Brunswick, NJ 08901
<b>Contact</b>	Dr. Ian Marshall
<b>Phone</b>	(732) 235-9378

<b>Website</b>	<a href="http://umg.rwjms.rutgers.edu/doctor_page.php?phys_id=1900">http://umg.rwjms.rutgers.edu/doctor_page.php?phys_id=1900</a>
<b>Services Offered</b>	Pediatric Endocrinology

### **CHOP Specialty Care & Surgery Center in Voorhees: Gender and Sexuality Development Program Voorhees (GSD)**

<b>Description</b>	The GSD Program's multidisciplinary team offers a variety of services to provide the best care for children, youth and their families.
<b>Address</b>	1012 Laurel Oak Road, Laurel Oak Corporate Center, Voorhees, NJ 08043
<b>Phone</b>	(267) 426-5980
<b>Website</b>	<a href="https://www.chop.edu/centers-programs/gender-and-sexuality-development-program">https://www.chop.edu/centers-programs/gender-and-sexuality-development-program</a>
<b>Additional Information</b>	Meet the Team: <a href="https://www.chop.edu/centers-programs/gender-and-sexuality-development-program/our-team">https://www.chop.edu/centers-programs/gender-and-sexuality-development-program/our-team</a>

### **Cooper University Health Care: Cooper Care Alliance Primary Care at Cherry Hill**

<b>Contact</b>	Justin Schweitzer, DO*
<b>Phone</b>	Main Line   (856)536-1515  1-800 Number   800-8-COOPER (800-826-6737)
<b>Website</b>	<a href="https://www.cooperhealth.org/services/cooper-proud-lgbtq-health">https://www.cooperhealth.org/services/cooper-proud-lgbtq-health</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Early Intervention Program <ul style="list-style-type: none"> <li>○ Specializing in PWH</li> <li>○ Clinical Health Psychologist</li> <li>○ Medical Case Management Staff</li> <li>○ PrEP Patient Navigator</li> </ul> </li> <li>• Mental Health Providers who are LGBTQ+ Affirming</li> <li>• OB/GYN Care for Transgender Men</li> <li>• Partnerships with Cooper's Breast and Plastic Surgery Departments to offer top surgery to patients looking for chest masculinization (mastectomy)</li> <li>• Primary Care Services <ul style="list-style-type: none"> <li>○ PrEP for HIV Prevention</li> <li>○ STD testing</li> <li>○ Sexual Health Counseling</li> <li>○ Gender-Affirming Hormone Therapy (GAHT)</li> </ul> </li> <li>• Urological Services <ul style="list-style-type: none"> <li>○ Orchiectomy</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ Testicular Implants</li> <li>○ Management of Post-Bottom Surgery Complications</li> </ul>
<b>Additional Information</b>	<p>*This person is a member of GLMA, which demonstrates the health and wellness of LGBT people.</p> <p>GLMA Website: <a href="http://www.glma.org/">http://www.glma.org/</a></p>

<b>EDGE   CAN Wellness Center</b>	
<b>Address</b>	295 E. Main Street, 2 <sup>nd</sup> Floor, Denville, NJ 07834
<b>Phone</b>	(973) 370-3130
<b>Website</b>	<a href="https://www.cancommunityhealth.org/">https://www.cancommunityhealth.org/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Authorized Ryan White Provider</li> <li>• Comprehensive Primary Care</li> <li>• Dental Care</li> <li>• Free Onsite HIV Testing</li> <li>• Hepatitis C Testing &amp; Treatment</li> <li>• HIV &amp; STD Testing &amp; Treatment</li> <li>• HIV Prevention, Education &amp; Outreach</li> <li>• Hormone Therapy</li> <li>• Lab Draws</li> <li>• PeP/PrEP Services</li> <li>• Patient Care Coordination</li> <li>• Pharmacy Assistance Programs</li> <li>• Psychiatric Prescribing Services</li> <li>• Sexual Health</li> <li>• Spanish Speaking Staff</li> <li>• Telehealth Services</li> <li>• Transportation Services</li> <li>• Walk-Ins</li> </ul>

<b>Goryeb Children’s Hospital</b>	
<b>Address</b>	100 Madison Ave Morristown, NJ 07960
<b>Contact</b>	Dr. Daisy Chin
<b>Phone</b>	(973) 971-4340
<b>Website</b>	<a href="https://www.atlantichealth.org/locations/hospitals/goryeb-childrens-hospital.html">https://www.atlantichealth.org/locations/hospitals/goryeb-childrens-hospital.html</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Evaluation</li> <li>• Puberty blockers</li> <li>• Hormone therapy</li> <li>• Pediatric Endocrinologist Working with Transgender Youth, Ages: under 21</li> </ul>

<b>Hackensack Meridian Pascack Valley Medical Group</b>	
<b>Address</b>	452 Old Hook Rd., Emerson. NJ 07630
<b>Contact</b>	Dr. D'Aquino
<b>Phone</b>	(201)666-3900
<b>Services Offered</b>	Internal Medicine

<b>Hackensack University Medical Center</b>	
<b>Address</b>	92 2nd St. Hackensack, NJ 07601
<b>Contact</b>	Dr. Ami P. Vaidya
<b>Phone</b>	(201)257-5041
<b>Website</b>	<a href="https://www.healthgrades.com/physician/dr-ami-vaitya-388rh">https://www.healthgrades.com/physician/dr-ami-vaitya-388rh</a>
<b>Services Offered</b>	Services and Procedures: Gynecology, Robotic Hysterectomy

<b>Hackensack University Medical Center</b>	
<b>Address</b>	30 Prospect Avenue, IMUS Pediatric Center, Hackensack, NJ 07601
<b>Contact</b>	Amy Chartoff, APN
<b>Phone</b>	(551)996-5329
<b>Website</b>	<a href="https://doctors.hackensackmeridianhealth.org/provider/Amy+Chartoff/1319610">https://doctors.hackensackmeridianhealth.org/provider/Amy+Chartoff/1319610</a>
<b>Services Offered</b>	Nurse Practitioner – Pediatric Endocrinology

<b>Inspira Medical Center Vineland</b>	
<b>Address</b>	2835 S. Delsea Dr., Vineland, NJ 08360
<b>Contact</b>	Dr. Helen Slone, Endocrinology
<b>Phone</b>	(856) 293-0305
<b>Website</b>	<a href="https://www.inspirahealthnetwork.org/">https://www.inspirahealthnetwork.org/</a>

<b>Jefferson Health Haddonfield Primary &amp; Specialty Care</b>	
<b>Address</b>	80 Tanner St, Haddonfield, NJ 08033
<b>Phone</b>	(844) 542-2273
<b>Website</b>	<a href="https://www.jeffersonhealth.org/LGBTQ-program.html">https://www.jeffersonhealth.org/LGBTQ-program.html</a>

<b>Services Offered</b>	<p>A LGBTQ+ Affirming Practice Services:</p> <ul style="list-style-type: none"> <li>• Hormone Replacement Therapy</li> <li>• Medication-Assisted Treatment (MAT) For Opioid Use Disorder</li> <li>• Pre-Exposure Prophylaxis (Prep) For HIV Prevention</li> <li>• Future Services: Gynecology Services And Breast Surgery Pre-Exposure Prophylaxis (Prep) For HIV Prevention</li> <li>• <b>Urogynecology Services and Pelvic Medicine</b></li> <li>• <b>FTM Top Surgery</b></li> <li>• <b>Urology</b> <ul style="list-style-type: none"> <li>• <b>Pediatric and Adolescent Gynecology</b></li> <li>• <b>Reproductive endocrinology and infertility</b></li> </ul> </li> </ul>
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<b>New Jersey Osteopathic Medicine</b>	
<b>Address</b>	26 Millburn Ave, Springfield, NJ 07081
<b>Contact</b>	Mark Morris, DO, FACOP
<b>Phone</b>	(973) 258-1776
<b>Website</b>	<a href="https://www.njosteopathic.com/">https://www.njosteopathic.com/</a>
<b>Services Offered</b>	Specialties: Care delivered in LGBT space, Osteopathy, Pediatrics
<b>Additional Information</b>	<p>*This person is a member of GLMA, which demonstrates the health and wellness of LGBT people.</p> <p>GLMA Website: <a href="http://www.glma.org/">http://www.glma.org/</a></p>

<b>Olson Plastic Surgery</b>	
<b>Description</b>	Olson Plastic Surgery
<b>Address</b>	213 North Center Dr., North Brunswick, NJ 08902
<b>Contact</b>	Dr. Robert M. Olson, M.D. FACS
<b>Phone</b>	(732) 940-1888
<b>Website</b>	<a href="http://olsonplasticsurgery.com/">http://olsonplasticsurgery.com/</a>
<b>Services Offered</b>	Procedure: Cosmetic Surgery

<b>Primary &amp; Specialty Care of Warren &amp; Proud Clinic in Somerville</b>	
<b>Address</b>	8 Mountain Boulevard, Suite J, Warren, NJ 07059
<b>Contact</b>	Dr. Amanda Francis
<b>Phone</b>	(732) 893-0200
<b>Website</b>	<a href="https://www.rwjbh.org/doctors/amanda-r-francis-do/">https://www.rwjbh.org/doctors/amanda-r-francis-do/</a>

<b>Services Offered</b>	General Obstetrics and Gynecology
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<b>PSANJ – Plastic Surgery Arts of New Jersey</b>	
<b>Description</b>	PSANJ – Plastic Surgery Arts of New Jersey
<b>Address</b>	409 Joyce Kilmer Ave, New Brunswick, NJ 08901
<b>Contact</b>	Dr. Naveen Ahuja
<b>Phone</b>	(732) 418-0709
<b>Website</b>	<a href="https://www.plasticsurgeryartsofnewjersey.com/about/naveen-ahuja-md">https://www.plasticsurgeryartsofnewjersey.com/about/naveen-ahuja-md</a>
<b>Services Offered</b>	Procedures: Top Surgery, Breast Augmentation

<b>Redstone MD</b>	
<b>Address</b>	200 South Orange Avenue Suite107, Livingston, NJ 07039
<b>Contact</b>	Dr. Jeremiah Redstone
<b>Phone</b>	(212) 961-4910
<b>Email</b>	<a href="mailto:info@redstonemd.com">info@redstonemd.com</a>
<b>Website</b>	<a href="http://redstonemd.com/">http://redstonemd.com/</a>
<b>Services Offered</b>	Cosmetic Surgery

<b>Robert Wood Johnson Barnabas Health (RWJ)</b>	
<b>Address</b>	125 Paterson St. Suite 4100, New Brunswick, NJ 08901
<b>Contact</b>	Dr. Jeremy Sinkin
<b>Phone</b>	(732)235-7863
<b>Website</b>	<a href="https://www.rwjbh.org/doctors/jeremy-c-sinkin-md/">https://www.rwjbh.org/doctors/jeremy-c-sinkin-md/</a>
<b>Services Offered</b>	Procedures: Top Surgery, Breast Augmentation

<b>Robert Wood Johnson University Hospital (RWJ- St. Barnabas) PROUD Gender Center of New Jersey</b>	
<b>Address</b>	181 Somerset St., 2nd Floor, New Brunswick, NJ 08901
<b>Phone</b>	1-833-BH-PROUD (1-833-247-7683)

<b>Website</b>	<a href="https://www.rwjbh.org/rwj-university-hospital-new-brunswick/treatment-care/lgbtqia-program/proud-gender-center-transgender-community-servic/">https://www.rwjbh.org/rwj-university-hospital-new-brunswick/treatment-care/lgbtqia-program/proud-gender-center-transgender-community-servic/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Advocacy Resources</li> <li>• An LGBT Health Navigator Can Assist with Any Questions That You May Have and Help Guide You Through Your Experience.</li> <li>• Community Outreach, Education and Training</li> <li>• Comprehensive Primary Care</li> <li>• Facial Feminization and Facial Masculinization Surgery</li> <li>• Gender-Affirming Bottom Surgery for Transmen</li> <li>• Gender-Affirming Surgery Including Transfeminine and Transmasculine Top Surgery</li> <li>• Gynecology/Urology</li> <li>• Hormone Therapy/Endocrinology</li> <li>• Information And Referral to Behavioral And Mental Health Support Services</li> <li>• Otolaryngology/Vocal Training</li> <li>• Proudly Me! Transgender Edu-Port (Education and Support) Program</li> <li>• Services Provided</li> </ul>
<b>Additional Information</b>	<a href="https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/meet-our-team/">https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/meet-our-team/</a>

<b>Rutgers – Department of Medicine</b>	
<b>Description</b>	Rutgers- Department of Medicine
<b>Address</b>	125 Paterson Street, Suite 5100A, New Brunswick, NJ 08901
<b>Contact</b>	Dr. David Cohen
<b>Phone</b>	(732) 235-7219
<b>Website</b>	<a href="https://umg.rwjms.rutgers.edu/doctor_page.php?phys_id=97473">https://umg.rwjms.rutgers.edu/doctor_page.php?phys_id=97473</a>
<b>Services Offered</b>	Specialty: Endocrinology, Diabetes & Metabolism

<b>Summit Health</b>	
<b>Address</b>	19-21 Fair Lawn Ave, Fair Lawn, NJ 07410
<b>Contact</b>	Dr. Justina M. Deitz
<b>Phone</b>	(201) 620-3390
<b>Website</b>	<a href="http://www.summithealth.com/doctors/justina-deitz/do">www.summithealth.com/doctors/justina-deitz/do</a>
<b>Services Offered</b>	Endocrinology

<b>Summit Medical Group</b>	
<b>Address</b>	150 Park Ave, Florham Park, NJ 1 Diamond Hill Road, Berkely Heights, NJ
<b>Contact</b>	Drs. Peter Hyaans and Reza Momemi
<b>Phone</b>	Florham Park   (909) 277-8759 Berkely Heights   (973)436-1379
<b>Website</b>	<a href="https://www.plasticsurgerysmg.com/surgeons/phyans/">https://www.plasticsurgerysmg.com/surgeons/phyans/</a> <a href="https://www.plasticsurgerysmg.com/surgeons/rmomeni/">https://www.plasticsurgerysmg.com/surgeons/rmomeni/</a>
<b>Services Offered</b>	Procedures: Top Surgery, Breast Augmentation

<b>Thomas S. Ziering, MD, LLC</b>	
<b>Address</b>	1201 Mount Kemble Ave, Suite 2D, Morristown, NJ 07960
<b>Contact</b>	Thomas S. Ziering, MD, LLC
<b>Phone</b>	(908) 259-4097 or (908) 221-1919
<b>Website</b>	<a href="http://www.drtozierung.com">www.drtozierung.com</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Concierge Medicine</li> <li>• Counseling</li> <li>• End-of-life Transition</li> <li>• Family Medicine</li> <li>• HIV Services</li> <li>• LGBTQ Care</li> <li>• Medical Marijuana</li> </ul>
<b>Additional Information</b>	<p>*This person is a member of GLMA, which demonstrates the health and wellness of LGBT people.</p> <p>GLMA Website: <a href="http://www.glma.org/">http://www.glma.org/</a></p>

<b>VNACJ Community Health Center: LGBTQ Center for Health &amp; Wellness</b>	
<b>Description</b>	In collaboration with VNACJ Community Health Center of Asbury Park the Prevention Resource Network has opened the shore area's first LGBTQ+ Health Center. VNACJ LGBTQ+ Health Center provides an array of comprehensive care and wellness programs in a safe, culturally competent environment.
<b>Address</b>	1301 Main Street, Asbury Park, NJ 07712



<b>Phone</b>	(732) 502-5130
<b>Website</b>	<a href="https://www.prnvnacj.org/vnacj-lgbtq-health-center/">https://www.prnvnacj.org/vnacj-lgbtq-health-center/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Behavioral Health Services</li> <li>• Case Management Services</li> <li>• HIV Care &amp; Treatment Services</li> <li>• Medical</li> <li>• PrEP Counseling</li> <li>• Primary Care Services</li> <li>• Rapid HIV testing &amp; Rapid Syphilis Testing</li> <li>• STD Screenings</li> <li>• Transgender Services</li> </ul>

## Gender Affirming Non-Surgical Resources

<b>Electrolysis Beauty Lounge</b>	
<b>Address</b>	98 Broad Street, Bloomfield, NJ 07003
<b>Phone</b>	(973) 747-2111
<b>Email</b>	<a href="mailto:electrolysisbeautylounge@gmail.com">electrolysisbeautylounge@gmail.com</a>
<b>Website</b>	<a href="https://www.electrolysisbeautylounge.com/site-overview">https://www.electrolysisbeautylounge.com/site-overview</a>
<b>Services Offered</b>	Electrolysis Treatment

<b>Hoboken Electrolysis &amp; Skin Care</b>	
<b>Address</b>	1321 Washington St., Hoboken, NJ 07030
<b>Contact</b>	Carla Reagan, LE, CPE
<b>Phone</b>	(201) 420-9437
<b>Website</b>	<a href="http://www.hobokenelectrolysis.com/">http://www.hobokenelectrolysis.com/</a>
<b>Services Offered</b>	Electrolysis Treatment

<b>Speech-Language Pathologist</b>	
<b>Address</b>	109 Atlantic St, Jersey City, NJ 07304
<b>Contact</b>	Charles R. Taylor, PhD
<b>Phone</b>	<a href="tel:5516971687">(551) 697-1687</a>

<b>Speech-Language Pathology</b>	
<b>Address</b>	Robert Wood Johnson University Hospital 1 Robert Wood Johnson Place, New Brunswick, NJ 08901
<b>Contact</b>	Leigh Carrico Mann, MS, CCC-SLP
<b>Phone</b>	(888) 724-7123
<b>Website</b>	<a href="https://www.rwjbh.org/rwj-university-hospital-new-brunswick/treatment-care/lgbtqia-program/meet-our-team/leigh-carrico-mann-ms-ccc-slp/">https://www.rwjbh.org/rwj-university-hospital-new-brunswick/treatment-care/lgbtqia-program/meet-our-team/leigh-carrico-mann-ms-ccc-slp/</a>
<b>Services Offered</b>	Cancer, Heart and Vascular care, Gastroenterology, Mental Health & Behavioral health,, Pediatrics, Orthopedic, Plastic Reconstructive surgery etc.

<b>Stylez On Mane</b>	
<b>Description</b>	A unique Hair Studio that is open to everyone alike, any age. A place to be you! With us you will be sure to experience a Million-dollar style on a Modern-day budget. At Stylez on Mane, "Your Hair Will Speak for Itself!"
<b>Address</b>	211 Enterprise Dr, Rockaway, NJ 07866
<b>Phone</b>	(973) 876-4363
<b>Email</b>	<a href="mailto:stylezonmane@yahoo.com">stylezonmane@yahoo.com</a>
<b>Services Offered</b>	Hair Studio, Barber Shop, Hair Salon, Makeup Artistry

<b>Synergy Wellness &amp; Medispa</b>	
<b>Address</b>	280 State Route 356 Ste. 301 Red Bank, NJ 07701
<b>Phone</b>	(732) 268-8324
<b>Email</b>	<a href="mailto:synergywellness17@gmail.com">synergywellness17@gmail.com</a>
<b>Website</b>	<a href="https://synergywellnessmedispa.com/">https://synergywellnessmedispa.com/</a>

<b>True Voice Therapy</b>	
<b>Address</b>	Parsippany, NJ 07054
<b>Contact</b>	Jessica Hall, SLP
<b>Phone</b>	(650) 505-6472
<b>Email</b>	<a href="mailto:petra@trueyouvoicetherapy.com">petra@trueyouvoicetherapy.com</a>
<b>Website</b>	<a href="https://www.trueyouvoicetherapy.com/">https://www.trueyouvoicetherapy.com/</a>

## Mental Health Resources

<b>988 Suicide and Crisis Lifeline</b>	
<b>Description</b>	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
<b>Website</b>	<a href="https://988lifeline.org/">https://988lifeline.org/</a>
<b>Phone</b>	Simply dial: 988 or 1 (800) 273-TALK (8255)

<b>Institute for Personal Growth</b>	
<b>Description</b>	Counseling and Therapy Agency for LGBT Clients
<b>Address</b>	90 W. Main Street, Freehold, NJ 07728  235 9th Jersey City, NJ 07302  1119 Raritan Ave. Highland Park, NJ 08904
<b>Phone</b>	800-379-9220
<b>Email</b>	<a href="mailto:info@ipgcounseling.com">info@ipgcounseling.com</a>
<b>Website</b>	<a href="https://ipgcounseling.com/lgbtq-issues/lgbtq/">https://ipgcounseling.com/lgbtq-issues/lgbtq/</a>

<b>NJ Psychological Association</b>	
<b>Description</b>	Find a psychologist. Under “populations served”, you can filter by LGBTQ to find a specialized provider.
<b>Website</b>	<a href="http://www.psychologynj.org/find-a-psychologist#/">http://www.psychologynj.org/find-a-psychologist#/</a>

<b>New Jersey Hopeline</b>	
<b>Description</b>	Need someone to talk to? We are here to help. Our specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week. You're not alone... we are only a phone call away.
<b>Contact</b>	(855) 654-6735
<b>Website</b>	<a href="https://njhopeline.com/">https://njhopeline.com/</a>

## HIV/AIDS Support Services

<b>The African American Office of Gay Concerns</b>	
<b>Description</b>	Brings awareness and prevention of HIV/AIDS to the gay community in the Newark Area and other surrounding areas. Provides an array of services focusing on changing individuals' behavior.
<b>Address</b>	877 Broad Street Suite 211, Newark, NJ 07102
<b>Contact</b>	Karla Barnett
<b>Phone</b>	(973) 639-0700
<b>Email</b>	<a href="mailto:outreach@aaogc.org">outreach@aaogc.org</a>   <a href="mailto:brother@aaogc.org">brother@aaogc.org</a>   <a href="mailto:aaogcnewark@gmail.com">aaogcnewark@gmail.com</a>
<b>Website</b>	<a href="http://www.aaogc.org">http://www.aaogc.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• HIV Testing</li> <li>• Syphilis Testing</li> <li>• Prevention for HIV and Substance Use</li> <li>• Trans Man and Trans Women Focus Groups</li> <li>• Focus group for Gay men</li> </ul>

<b>Beacon Light Fund</b>	
<b>Description</b>	Offers small financial help to people living with AIDS or disabling HIV disease. Money raised by various fund-raising events are used to help pay providers directly for rent, utility and phone bills, special medical equipment and supplies and various other home care services.
<b>Address</b>	PO Box 302, Annandale, NJ 08801
<b>Contact</b>	Bill Schadlich - President
<b>Phone</b>	(201) 563-3501
<b>Email</b>	<a href="mailto:contactus@beaconlightfund.org">contactus@beaconlightfund.org</a>
<b>Website</b>	<a href="http://www.beaconlightfund.org">http://www.beaconlightfund.org</a>
<b>Services Offered</b>	Financial Assistance to those with AIDS or HIV

<b>Broadway House</b>	
<b>Description</b>	Provides comprehensive, integrated, multiple modality AIDS services. Open to all members of the community, and have a committed dedication to the gay and lesbian community as well as the diverse minority community of Newark.
<b>Address</b>	298 Broadway, Newark, NJ 07104

<b>Phone</b>	(973) 268-9797
<b>Website</b>	<a href="http://broadwayhouse.org/">http://broadwayhouse.org/</a>

<b>EDGE New Jersey</b>	
<b>Description</b>	The mission of EDGE New Jersey is to respond compassionately and responsibly to those living with HIV, those at risk, and the LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies, and education to enhance the community it serves.
<b>Address</b>	295 E. Main Street, 1 <sup>st</sup> Floor, Denville, NJ 07834
<b>Phone</b>	(973) 285-0006
<b>Email</b>	<a href="mailto:info@edgenj.org">info@edgenj.org</a>
<b>Website</b>	<a href="http://www.edgenj.org">www.edgenj.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Care Coordination</li> <li>• Behavioral Health Care</li> <li>• Support Groups</li> <li>• HIV Prevention services <ul style="list-style-type: none"> <li>○ Free HIV Testing (onsite and mobile) and linkage to treatment</li> <li>○ Distribution of Safe Sex Materials</li> </ul> </li> <li>• Housing: <ul style="list-style-type: none"> <li>○ Referral services</li> <li>○ Landlord/lease negotiations</li> <li>○ Housing coordination</li> <li>○ Tenant based rental assistance</li> </ul> </li> <li>• Medical services: <ul style="list-style-type: none"> <li>○ Primary Care</li> <li>○ Outpatient Medical (HIV/HEPC/STI)</li> <li>○ LGBTQ+ Healthcare</li> <li>○ PrEP Programs</li> <li>○ Pharmacy and Medical Liaison Services</li> <li>○ Medical Case Management</li> <li>○ Psychiatric Prescribing Services</li> </ul> </li> <li>• Education and Training <ul style="list-style-type: none"> <li>○ HIV 101 Training</li> <li>○ LGBTQ+ Cultural Humility Training</li> </ul> </li> </ul>
<b>Additional Information</b>	EDGE NJ's Community Center is open: Sunday 10:00 AM-4:00 PM Monday-Thursday 9:00 AM-9:00 PM Friday 9:00 AM-5:00 PM

## HIV/AIDS Prevention and Care Resources

<b>African American Office of Gay Concerns (AAOGC) - HIV/AIDS Prevention Program</b>	
<b>Description</b>	Brings awareness and prevention of HIV/AIDS to the gay community in the Newark Area and other surrounding areas. Provides an array of services focusing on changing individuals' behavior.
<b>Address</b>	877 Broad Street Suite 211 Newark, NJ 07102
<b>Contact</b>	Karla Barnett
<b>Phone</b>	(973) 639-0700
<b>Email</b>	<a href="mailto:brother@aaogc.org">brother@aaogc.org</a> / <a href="mailto:outreach@aaogc.org">outreach@aaogc.org</a>
<b>Website</b>	<a href="http://www.aaogc.org">http://www.aaogc.org</a>
<b>Services Offered</b>	HIV Testing <ul style="list-style-type: none"> <li>• Syphilis Testing</li> <li>• Prevention for HIV and Substance Use</li> <li>• Trans Man and Trans Women Focus Groups</li> <li>• Focus group for Gay men</li> </ul>

<b>EDGE New Jersey</b>	
<b>Description</b>	The mission of EDGE New Jersey is to respond compassionately and responsibly to those living with HIV, those at risk, and the LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies, and education to enhance the community it serves.
<b>Address</b>	295 E. Main Street, 1 <sup>st</sup> Floor, Denville, NJ 07834
<b>Phone</b>	(973) 285-0006
<b>Email</b>	<a href="mailto:info@edgenj.org">info@edgenj.org</a>
<b>Website</b>	<a href="http://www.edgenj.org">www.edgenj.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• HIV Prevention services               <ul style="list-style-type: none"> <li>○ Free HIV Testing (onsite and mobile) and linkage to treatment</li> <li>○ Distribution of Safe Sex Materials</li> </ul> </li> </ul>
<b>Additional Information</b>	EDGE NJ's Community Center is open: Sunday 10:00 AM-4:00 PM Monday-Thursday 9:00 AM-9:00 PM Friday 9:00 AM-5:00 PM

<b>Jersey Shore University Medical Center</b>	
<b>Description</b>	The A-Team at Jersey Shore University Medical Center is passionately committed to saving the lives of men, women, and children living in our community by providing them with cutting edge HIV care from our infectious disease doctors and staff.
<b>Address</b>	HIV and AIDS Ambulatory Care Clinic 1945 Rt. 33, Neptune, NJ, 07753
<b>Phone</b>	HIV and AIDS Ambulatory Care Clinic   (732) 869-5702  HIV Testing Walk-in Clinic   (732) 962-5338
<b>Website</b>	<a href="https://www.jerseyshoreuniversitymedicalcenter.com/hiv-and-aids-ambulatory-care-clinic-a-team/">https://www.jerseyshoreuniversitymedicalcenter.com/hiv-and-aids-ambulatory-care-clinic-a-team/</a>
<b>Services Offered</b>	Confidential and anonymous HIV Testing and Treatment.

<b>NJCRI Project W.O.W/ PROJECT WOW YOUTH CENTER (Project Web Outreach Works)</b>	
<b>Description</b>	Project WOW creates a safe and affirming space where LGBTQ youth (ages 14 - 24) can socialize, build community, develop leadership skills, and access relevant sexual health, mental health and substance use services and education. Project WOW believes that every LGBTQ person has a voice that should be heard and recognized as fierce and fabulous change agents in our communities.
<b>Address</b>	1st floor 393 Central Avenue Newark, NJ 07103
<b>Contact</b>	Jaivon Lewis
<b>Phone</b>	(973) 483-3444 ext 251 (linkage navigator 233)
<b>Email</b>	<a href="mailto:j.lewis@njcri.org">j.lewis@njcri.org</a>
<b>Website</b>	<a href="https://www.njcri.org/">https://www.njcri.org/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Connection To Treatment</li> <li>• Free Rapid HIV Testing</li> <li>• Help Finding a Shelter/Transitional Housing</li> <li>• One-On-One Counseling</li> <li>• Prep As Prevention</li> <li>• Referrals</li> <li>• Safe Sex Kits</li> </ul>

<b>South Jersey AIDS Alliance</b>	
<b>Description</b>	The South Jersey AIDS Alliance is a caring, compassionate organization dedicated to the fight against HIV/AIDS
<b>Address</b>	19 South Presbyterian Avenue, Atlantic City NJ 08401

<b>Phone</b>	Main Line   (609) 347-1085 Hotline   1800-281-AIDS (2437)
<b>Email</b>	<a href="mailto:info@sj aids.org">info@sj aids.org</a>
<b>Website</b>	<a href="http://www.sj aids.org">www.sj aids.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Case Management: Skilled staff help you figure out what you need and make a special plan just for you. This plan gives you the very best health care and social service available.</li> <li>• Drop-in Centers: Oasis, located in Atlantic City, and Oasis Too, in Camden, assisting individuals living in these areas. They provide services such as: snacks, showers, laundry services, telephone use, and more.</li> <li>• Food Pantry- People living with HIV/AIDS can pick up food or, in special cases, have it delivered to them.</li> <li>• Intensive case management- At our drop-in center, Oasis, people who have trouble keeping their doctor and treatment meetings are given coaching and help to make sure they are getting the best care that they can.</li> <li>• Manna at the Shore- Homemade meals, soups and baked goods made by Congregation Beth Israel in Northfield. They are part of our food pantry program.</li> <li>• Nursing services: located at our Oasis and Rio Grande locations, registered nurses can provide the following: <ul style="list-style-type: none"> <li>○ Adult Vaccinations</li> <li>○ Hepatitis C Rapid Testing</li> <li>○ HIV Rapid Testing and Counseling</li> <li>○ IV Drug Use Risk Reduction Counseling</li> <li>○ Naloxone Distribution</li> <li>○ Nutrition Counseling</li> <li>○ Overdose Prevention Counseling</li> <li>○ Pregnancy Testing</li> <li>○ Prep Counseling</li> <li>○ Rapid Syphilis Testing (For Gay Men)</li> <li>○ Referrals For HIV, Hepatitis and Pregnancy Evaluations</li> <li>○ Sexual And Reproductive Health Counseling</li> <li>○ STD Testing and Treatment</li> <li>○ Treatment And Care</li> <li>○ Wound Assessment and Care</li> </ul> </li> <li>• Prevention- Trained workers reach out and teach HIV+ and HIV- people how to be safe from HIV and how to stop the spread of HIV.</li> </ul>



	<ul style="list-style-type: none"> <li>• Support Groups: We have support groups for people with HIV/AIDS and those who care for them.</li> <li>• Syringe Access Program- You can exchange your used works for new ones and get other supplies, information, or referrals you may need.</li> <li>• Transportation: We can get you to your doctor, dentist, or social services meetings for free.</li> </ul>
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## Harm Reduction/ Syringe Access

<b>Hyacinth AIDS Foundation- Jersey City</b>	
<b>Address</b>	48 Fairview Avenue, Jersey City, NJ 07304
<b>Phone</b>	(201) 432-1134
<b>Website</b>	<a href="https://www.hyacinth.org/">https://www.hyacinth.org/</a>
<b>Additional Information</b>	Hours of operation: <ul style="list-style-type: none"> <li>• Monday, Tuesday, Thursday, Friday: 10:00-5:00</li> <li>• Wednesday: 11:00-7:00</li> </ul>

<b>Hyacinth AIDS Foundation -Trenton</b>	
<b>Address</b>	849 West State Street , Trenton, NJ 08618
<b>Phone</b>	(609) 396-8322
<b>Website</b>	<a href="https://www.hyacinth.org/">https://www.hyacinth.org/</a>
<b>Additional Information</b>	Hours of operation: Monday, Wednesday, Thursday Friday: 9:00-5:00 Tuesday: 12:00-8:00

<b>Hyacinth AIDS Foundation -Paterson</b>	
<b>Services Offered</b>	CLEAR – Choosing Life: Empowerment, Action, Results! <ul style="list-style-type: none"> <li>• HIV prevention education</li> <li>• HIV testing</li> <li>• LGBTQ drop-In center and safe space</li> <li>• Personalized cognitive counseling</li> <li>• PrEP education</li> <li>• Project LOL – Gay/bisexual men’s sexual health education</li> <li>• Testing Together – Couples HIV counselling and testing</li> </ul>
<b>Address</b>	100 Hamilton Plaza, Number 1401, Paterson, NJ 07405

<b>Phone</b>	(973) 278-7636
<b>Additional Information</b>	<p>Montgomery Street (between Straight St. &amp; River St.)</p> <ul style="list-style-type: none"> <li>Monday, Tuesday, Thursday: 10:00 AM to 2:00 PM</li> </ul> <p>Walgreens on East 18th St. (near Ellison St. &amp; Madison Av.), Paterson, NJ</p> <ul style="list-style-type: none"> <li>Monday- Friday: 10:00 AM to 2:00 PM</li> </ul>

### **NALGAP: The Association of Lesbian, Gay, Bisexual and Transgender Addiction Professionals and Their Allies**

<b>Description</b>	NALGAP's mission is to confront all forms of oppression and discriminatory practices in the delivery of services to all people and to advocate for programs and services that affirm all genders and sexual orientations.
<b>Address</b>	PO Box 123, Ocean Grove, NJ 07756
<b>Contact</b>	NALGAP president /Philip T. McCabe
<b>Email</b>	<a href="mailto:mccabe@nalgap.org">mccabe@nalgap.org</a>
<b>Website</b>	<a href="http://www.nalgap.org/index.htm">http://www.nalgap.org/index.htm</a>
<b>Services Offered</b>	NALGAP provides information, training, networking, and advocacy about addiction and related problems, and support for those engaged in the health professions, individuals in recovery, and others concerned about the health of gender and sexual minorities.

### **North Jersey Community Research Initiative (NJCRI)**

<b>Address</b>	393 Central Avenue, Newark, NJ 07103
<b>Phone</b>	(973) 483-3444 Ext. 222
<b>Website</b>	<a href="https://www.njcri.org/">https://www.njcri.org/</a>
<b>Additional Information</b>	<p>Hours of operation:</p> <ul style="list-style-type: none"> <li>Monday: 9:30 AM to 4:30 PM</li> <li>Tuesday: 1:30 PM to 4:30 PM</li> <li>Wednesday: 9:30 AM to 12:00 PM</li> <li>Thursday: 1:30 PM to 4:30 PM</li> <li>Friday: 9:30 AM to 4:30 PM</li> </ul>

### **Syringe Access Programs (SAPs) in New Jersey**

<b>Description</b>	Syringe Access Programs (SAPs) are community-based programs that provide access to sterile syringes, needles and other injection equipment and facilitate safe disposal of used needles and syringes. Clients can bring in used syringes and leave with new sterile syringes. SAPs provide a comprehensive approach to harm
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	<p>reduction by integrating behavioral interventions and access to services to prevent and reduce the transmission of HIV and other blood-borne diseases. Some SAPs are housed in drop-in centers. Drop-in centers may provide participants with access to food, telephone, laundry services, restrooms, showers, and computer services.</p> <p>Each SAP site is co-located with an Access to Reproductive Care and HIV (ARCH) Nurse who provides services to prevent vertical HIV and Hepatitis C transmission through the early identification of high-risk women (i.e., females of reproductive age who injects drugs). The New Jersey SAPs have served to bridge major health gaps in services for people who inject drugs (PWID) by providing services such as health screenings, pregnancy testing and linkage to prenatal care, nutritional counseling, reproductive counseling for women of childbearing age, vaccinations, condom distribution, safe sex education, safe injection practices, wound care, drug overdose prevention and reversal.</p>
<b>Website</b>	<a href="https://www.nj.gov/health/hivstdtb/sap.shtml">https://www.nj.gov/health/hivstdtb/sap.shtml</a>
<b>Services Offered</b>	<p>The ARCH nurses co-located at SAP sites offer the following:</p> <ul style="list-style-type: none"> <li>• Condoms.</li> <li>• HIV and viral hepatitis testing and counseling with linkage to medical care.</li> <li>• Overdose prevention education and access to Naloxone.</li> <li>• Referral and linkage to medical care, mental health, and social services, including drug treatment.</li> <li>• Safe disposal of injection equipment education.</li> <li>• Safe injection practices and wound care.</li> </ul>

### **Visiting Nurse Association of New Jersey, Prevention Resource Network (PRN), Asbury Park**

<b>Description</b>	The Prevention Resource Network (PRN) provides high impact prevention services to assist HIV negative and HIV positive persons who are at high risk for HIV transmission or acquisition to reduce risk behaviors and address the psychological and medical needs of these individuals to improve overall health outcomes.
<b>Address</b>	816 Sunset Avenue, Asbury Park, NJ 07712
<b>Phone</b>	(800) 947-0020
<b>Website</b>	<a href="https://www.prnvnacj.org/about-prn/">https://www.prnvnacj.org/about-prn/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Rapid Testing</li> <li>• HIV Case Management</li> <li>• PrEP Counseling</li> <li>• Harm Reduction Program</li> </ul>

<b>Additional Information</b>	Hours of operation: <ul style="list-style-type: none"><li>Monday to Friday: 9:00 AM to 4:00 PM</li></ul>
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## Support Resources

In world where transgender people are both underrepresented and underserved, many are forced to rely on support services for survival. This includes services for necessities such as food and personal items, navigating life after serving in the military, career development, assistance with updating documentation, and opportunities for community-building. As a community which often faces rejection and mistreatment from their biological families, many are forced to rely on these services for assistance. By providing services which are tailored to this group, organizations can recognize and address the everyday needs of members of the trans community.

## Military

<b>Modern Military Association of America (MMAA)</b>	
<b>Description</b>	The Modern Military Association of America (MMAA) is the nation's largest organization of LGBTQ service members, military spouses, veterans, their families and allies. Formed through the merger of the American Military Partner Association and OutServe-SLDN, we are a united voice for the LGBTQ military and veteran community.
<b>Address</b>	1725 I Street NW, Suite 300 Washington, DC 20006
<b>Contact</b>	202.328.3244
<b>Email</b>	info@modernmilitary.org
<b>Website</b>	<a href="https://modernmilitary.org/">https://modernmilitary.org/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Legal Services</li> <li>• Scholarships</li> <li>• LGBTQ+ Competency Training</li> </ul>

<b>National Center for Transgender Equality- Military Records</b>	
<b>Description</b>	The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.
<b>Address</b>	1032 15th St NW Suite 199 Washington D.C. 20005
<b>Phone</b>	202-642-4542
<b>Email</b>	<a href="mailto:ncte@transequality.org">ncte@transequality.org</a>
<b>Website</b>	<a href="https://transequality.org/know-your-rights/military-records">https://transequality.org/know-your-rights/military-records</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Guidance on navigating insurance companies and transition-related coverage</li> <li>• ID Documentation Hub and information on name and gender changes on state and federal documents and records</li> <li>• Legal services</li> </ul>

<b>Tava- Transgender American Veteran's Association</b>	
<b>Description</b>	Transgender American Veterans Association engages with our members, governmental agencies, other advocacy groups, media and the public in order to ensure our members receive full services and dignified treatment by promoting the values of equality, fairness and respect on behalf of our members and provide a

	supportive community for Veterans who identify under the "Transgender Umbrella".
<b>Address</b>	2020 Pennsylvania Ave. Suite 465 Washington D.C., DC 20006
<b>Phone</b>	<b>CALL</b> (516) TAVA 911 (516-828-2911) Monday - Saturday 9am-7pm EST <b>TEXT</b> (516) 824-6977 Anytime
<b>Email</b>	<a href="mailto:office@transveteran.org">office@transveteran.org</a>
<b>Website</b>	<a href="http://www.transveteran.org">http://www.transveteran.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• To ensure that the Veterans Health Administration Directive 1341(2) is followed by all VA facilities and to assist any transgender and intersex veterans who still has problems with their VA facility.</li> <li>• To ensure that all transgender veterans are treated with courtesy and respect and that health care providers recognize all current medical practices.</li> <li>• To cooperate with other organizations that assist transgender persons currently serving in the armed forces whenever feasible;</li> <li>• To cooperate with other veterans service organizations for the betterment of all American veterans whenever feasible;</li> <li>• To work toward the removal of the regulatory exclusion of Gender Confirming Surgeries.</li> </ul>
<b>Additional Information</b>	The website has a FAQ section that specifies what the agency will help pay for such as pre & post op care.

## Name and Gender Marker Change in New Jersey

<b>New Jersey Courts</b>	
<b>Description</b>	Instructions and forms for legal name change(s) in New Jersey provided by the New Jersey Courts.
<b>Address</b>	R. J. Hughes Justice Complex 25 Market Street P. O. Box 085 Trenton, NJ 08625-0085
<b>Contact</b>	Records and Identification Section
<b>Email</b>	<a href="mailto:Webmaster.Mailbox@njcourts.gov">Webmaster.Mailbox@njcourts.gov</a>

<b>Website</b>	<a href="https://www.njcourts.gov/">https://www.njcourts.gov/</a>
<b>Services Offered</b>	Form: <a href="https://www.njcourts.gov/forms/10551_namechg_adult.pdf">https://www.njcourts.gov/forms/10551_namechg_adult.pdf</a>
<b>Additional Information</b>	Forms are to be submitted to the county where you are filing your case.

<b>New Jersey Motor Vehicle Commission</b>	
<b>Description</b>	Process for gender and name change(s) with the New Jersey Motor Vehicle Commission.
<b>Additional Information</b>	<ul style="list-style-type: none"> <li>Gender change form: <a href="https://www.state.nj.us/mvc/pdf/license/genderchange.pdf">https://www.state.nj.us/mvc/pdf/license/genderchange.pdf</a></li> <li>Name change form: <a href="https://www.state.nj.us/mvc/drivertopics/namechange.htm">https://www.state.nj.us/mvc/drivertopics/namechange.htm</a></li> </ul>

<b>State of New Jersey Department of Health: Office of Vital Statistics and Registry</b>	
<b>Description</b>	Request Form and Attestation (REG-L2) to Amend Sex Designation to Reflect Gender Identity on a Birth Certificate
<b>Additional Information</b>	<ul style="list-style-type: none"> <li>Adult: <a href="https://www.nj.gov/health/forms/reg-l2_1.pdf">https://www.nj.gov/health/forms/reg-l2_1.pdf</a></li> <li>Minor: <a href="https://www.nj.gov/health/forms/reg-l3_1.pdf">https://www.nj.gov/health/forms/reg-l3_1.pdf</a></li> </ul>

<b>State of New Jersey Department of Health: Gender Changes</b>	
<b>Description</b>	Amendment to Sex Designation on a Birth Certificate to Reflect Gender Identity
<b>Website</b>	<a href="https://www.state.nj.us/health/vital/documents/Vital_Records_FAQ_transgender.pdf">https://www.state.nj.us/health/vital/documents/Vital_Records_FAQ_transgender.pdf</a>

## Advocacy Groups

<b>Aging with Pride - LGBT Group for Older Adults</b>	
<b>Description</b>	This program offers a welcoming atmosphere to share resources, build relationships, learn about JFCS services, and discuss unique LGBT issues, such as social isolation and discrimination.
<b>Address</b>	Jewish Family & Children's Service (JFCS) of Southern NJ- Cherry Hill



	1301 Springdale Road, Suite 150 Cherry Hill, NJ 08003
<b>Contact</b>	Reva Farenback-Brateman, MSW, CDP
<b>Phone</b>	(856) 424-1333 Ext. 1184
<b>Email</b>	<a href="mailto:rfbrateman@jfedsnj.org">rfbrateman@jfedsnj.org</a>
<b>Website</b>	<a href="https://jewishsouthjersey.org/">https://jewishsouthjersey.org/</a>

<b>Garden State Equality</b>	
<b>Description</b>	GSE is the largest lesbian, gay, bisexual, and transgender (LGBT) organization in New Jersey. With approximately 500,000 LGBT individuals in the State, our mission is to provide programs and services that meet the needs of the LGBT community. GSE also focuses on developing a successful school reform initiative that is creating safe and inclusive learning communities at schools across the State. Under Teach and Affirm, GSE provides needs assessments, policy assistance, student workshops for different grade levels, and professional development trainings. Educators can learn more about our specific trainings.
<b>Address</b>	1408 Main Street, Asbury Park, NJ 07712
<b>Phone</b>	(973) 509-5428
<b>Email</b>	<a href="mailto:contact@gardenstateequality.org">contact@gardenstateequality.org</a>
<b>Website</b>	<a href="http://www.gardenstateequality.org/">http://www.gardenstateequality.org/</a>
<b>Services Offered</b>	<p>Garden State Equality Resources:</p> <ul style="list-style-type: none"> <li>• Educators for Equality: Brings LGBT and LGBT-friendly teachers and administrators together to advocate for positive changes at their districts. Educators have opportunities to share personal stories and receive support from our Safe Schools Coordinators in applying materials discussed at our EFE meetings to classroom settings</li> <li>• Getting your health care coverage: a guide for Transgender People <ul style="list-style-type: none"> <li>○ Website: <a href="https://transequality.org/health-coverage-guide">https://transequality.org/health-coverage-guide</a></li> </ul> </li> <li>• ID Documents Center (One-stop hub for name &amp; gender change info) <ul style="list-style-type: none"> <li>○ Website: <a href="https://transequality.org/documents">https://transequality.org/documents</a></li> </ul> </li> <li>• Library Series: The series incorporates a wider variety of hands-on activities, digital resources, and workshops that reinforce positive messages about diversity and inclusion.</li> <li>• Trans Legal Services Network Directory</li> </ul>

	<ul style="list-style-type: none"> <li>○ Website: <a href="https://transequality.org/issues/resources/trans-legal-services-network-director">https://transequality.org/issues/resources/trans-legal-services-network-director</a></li> <li>• Transgender Legal Services Network <ul style="list-style-type: none"> <li>○ Website: <a href="https://transequality.org/id-documents-center/transgender-legal-services-network">https://transequality.org/id-documents-center/transgender-legal-services-network</a></li> </ul> </li> <li>• Youth Caucus: a leadership development program for middle school and high school students to enrich the social experiences of LGBT youth and their peers</li> </ul>
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<b>Gay Activist in Morris County- GAAMC</b>	
<b>Description</b>	GAAMC is a not-for-profit volunteer-run organization that provides social, educational, and outreach programs. GAAMC also offers opportunities for individuals to become politically active on issues related to the GLBTI community. Our intent is to maintain a positive, healthy, respectful, and supportive environment in a safe space.
<b>Address</b>	P.O. Box 137, Convent Station, NJ 07961
<b>Contact</b>	(973) 285-1595
<b>Email</b>	<a href="mailto:info@gaamc.org">info@gaamc.org</a>
<b>Website</b>	<a href="http://www.gaamc.org">http://www.gaamc.org</a>
<b>Additional Information</b>	PRIDE Guide: <a href="https://www.gaamc.org/prideguide">https://www.gaamc.org/prideguide</a>

<b>GLSEN: Gay, Lesbian &amp; Straight Education Network (GLSEN) of Central NJ</b>	
<b>Description</b>	GLSEN Central New Jersey is a chapter of the Gay, Lesbian and Straight Education Network (GLSEN), the leading national education organization focused on ensuring safe schools for all students. GLSEN Central New Jersey serves the central portion of New Jersey. GLSEN, is working to ensure safe and effective schools for all students regardless of sexual orientation or gender identity.
<b>Address</b>	PO Box 261, Hightstown, New Jersey 08520
<b>Contact</b>	(609) 448-8243
<b>Email</b>	<a href="mailto:cnj@njglsen.org">cnj@njglsen.org</a>
<b>Website</b>	<a href="http://www.glsen.org/">www.glsen.org/</a>
<b>Additional Information</b>	GLSEN Central New Jersey: <a href="https://www.glsen.org/chapters/centralnj/resources">https://www.glsen.org/chapters/centralnj/resources</a>

	<p>GLSEN Northern New Jersey  <a href="https://www.glsen.org/chapter/northern-new-jersey">https://www.glsen.org/chapter/northern-new-jersey</a></p> <p>GLSEN Southern New Jersey  <a href="https://www.glsen.org/chapter/southern-new-jersey">https://www.glsen.org/chapter/southern-new-jersey</a></p>
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<b>Keshet</b>	
<b>Description</b>	Keshet works for the full equality of all LGBTQ Jews and our families in Jewish life.
<b>Address</b>	368 9th Avenue New York, NY 10001
<b>Website</b>	<a href="https://www.keshetonline.org/">https://www.keshetonline.org/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Directory of LGBTQ inclusive Jewish clergy and institutions</li> <li>• Events</li> <li>• Advocacy</li> <li>• Community Inclusion Guides</li> </ul>

<b>LGBT Social Justice Group</b>	
<b>Description</b>	LGBTQ Social Justice Group. Are you concerned about racism, misogyny, bias, and transphobia within our community? Come to this group.
<b>Address</b>	85 Raritan Ave, Suite 100, Highland Park, NJ 08904
<b>Contact</b>	(732) 846-2232
<b>Email</b>	<a href="mailto:info@pridecenter.org">info@pridecenter.org</a>
<b>Website</b>	pridecenter.org
<b>Additional Information</b>	More info <a href="mailto:victorialmaione@gmail.com">victorialmaione@gmail.com</a>

<b>Monmouth University LGBT Older Adult Project</b>	
<b>Description</b>	A joint initiative of the School of Social Work and the Marjorie K. Unterberg School of Nursing and Health Studies, seeks to improve the quality of life of older LGBT adults through education and awareness programs, advocacy, and providing social activities for LGBT older adults, caregivers, and their friends. The project accomplishes these goals not by replicating existing services available through mainstream agencies but through the provision of technical assistance and training opportunities and by advocating for legislation which positively impacts the lives of older LGBT adults.
<b>Address</b>	400 Cedar Avenue, West Long Branch, NJ 07764-1898
<b>Phone</b>	(732) 571-3400

<b>Email</b>	<a href="mailto:jkoller@monmouth.edu">jkoller@monmouth.edu</a>
<b>Website</b>	<a href="http://www.monmouth.edu/school-of-nursing-health/lgbt-older-adult-project.aspx">http://www.monmouth.edu/school-of-nursing-health/lgbt-older-adult-project.aspx</a>
<b>Additional Information</b>	<p>Cultural Competency Training: <a href="https://www.monmouth.edu/school-of-social-work/community-programs-and-lectures/lgbt-older-adult-project/cultural-competency-training/">https://www.monmouth.edu/school-of-social-work/community-programs-and-lectures/lgbt-older-adult-project/cultural-competency-training/</a></p> <p>Monmouth University LGBT Older Adult Project Resources:  Cross-Gen Pride Podcast:  <a href="https://www.monmouth.edu/school-of-social-work/community-programs-and-lectures/lgbt-older-adult-project/podcast/">https://www.monmouth.edu/school-of-social-work/community-programs-and-lectures/lgbt-older-adult-project/podcast/</a></p>

## New Jersey Transgender Support

<b>Description</b>	This group is for the trans community on a more local basis. Feel free to share local resources and experiences. One of the purposes of starting this group is to be able to establish a meetup or much more local support group for whoever is interested.
<b>Additional Information</b>	Facebook: <a href="https://www.facebook.com/groups/579804202085919/">https://www.facebook.com/groups/579804202085919/</a>

## No Stigma Network Young Adults Support Group Meeting

<b>Description</b>	<p>No Stigma Network (NSN) offers a unique support group experience for young adults, 18 - 40, who live with mental health disorders. These young adults grapple with the challenges of their age group: transitioning from high school to work or college, accepting adult responsibilities, dealing with family relations, navigating social encounters, developing friendships, and seeking love relationships. In addition, they deal with the intrusive problems of mental health. There are few situations where young adults can safely count on nonjudgmental support as they tackle these challenges. NSN's support meetings provide the opportunity to share experiences, work through obstacles, and enjoy the company of friendly peers in an atmosphere of acceptance and understanding. Meetings are facilitated by a trained, non-professional group leader who encourages openness and a positive attitude.</p> <p>The goals of the support group include increased awareness of health and wellness, improved skills in communication, problem-solving, independent living, and socializing, increased confidence, and self-acceptance. Members learn how to advocate for themselves and achieve their personal goals.</p>
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	All participants are invited to join in the conversation, but no one is ever pressured. Peer support groups empower the individual to be able to stand up confidently and proudly against the stigma associated with mental illness.
<b>Phone</b>	(732) 533-7632
<b>Email</b>	<a href="mailto:nostigmanetwork@gmail.com">nostigmanetwork@gmail.com</a>
<b>Website</b>	<a href="https://www.nostigmanetwork.com/support-group">https://www.nostigmanetwork.com/support-group</a>
<b>Additional Information</b>	During the COVID 19 Quarantine, NSN meetings are taking place online.

## Out and Equal Workplace Advocates

<b>Description</b>	We seek full equality without restrictions or barriers for LGBTQIA+ individuals in our workplaces, unions, and communities, creating a Labor Movement that cherishes diversity, promotes inclusion, encourages openness, and ensures safety & dignity. We do this through education, alliances, and building solidarity across our large and diverse communities.
<b>Address</b>	1901 Harrison St. Ste 1100 PMB 7324 Oakland, CA 94612
<b>Email</b>	<a href="mailto:hello@outandequal.org">hello@outandequal.org</a>
<b>Website</b>	<a href="https://outandequal.org/">https://outandequal.org/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Leadership Development</li> <li>• DEI Education</li> <li>• Workplace Summits</li> <li>• Guides on LGBTIQ+ Workplace Inclusion</li> </ul>

## Rainbow Talk

<b>Description</b>	Open to the LGBTQ+ community & allies
<b>Address</b>	Oceans Family Success Center 1201 Springwood Ave., Asbury Park, NJ 07712
<b>Phone</b>	(732) 455-5272
<b>Website</b>	<a href="http://www.oceansfcs.com">www.oceansfcs.com</a>

## Trans Affirming Alliance: A New Jersey Non-Profit Corporation

<b>Description</b>	The mission of the TRANS AFFIRMING ALLIANCE is to partner with LGBTQ+ centers and projects to deliver within the partner organizations' existing facilities, services for transgender and gender diverse communities. This will include direct legal services that provide legal guidance, mental health counseling, career counseling
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	and workshops, various support groups, and specialized health and wellness services for the transgender community such as vocal coaching.
<b>Address</b>	8 Hillside Ave, Suite 201, Montclair, NJ 07042
<b>Email</b>	<a href="mailto:info@transaffirmingalliance.org">info@transaffirmingalliance.org</a>
<b>Website</b>	<a href="http://transaffirmingalliance.org/">http://transaffirmingalliance.org/</a>
<b>Additional Information</b>	Help with name change forms and paperwork (schedule appointment or email)

## Union County Office of LGBTQ Affairs

<b>Description</b>	<p>Union County's Office of LGBTQ Affairs, under the Department of Economic Development, was established by the Freeholder Board in 2018 and is the first county government office of its kind in the State of New Jersey - one of four government offices in the nation to support the LGBTQ community, of which only two are county government offices.</p> <p>Union County's Office of LGBTQ Affairs offers a platform for leadership and collaboration to support equality, and serves as a catalyst for advocacy, awareness and action on current and emerging issues that impact the lives of lesbian, gay, bisexual, transgender, and queer individuals.</p>
<b>Address</b>	<p>Union County Office of LGBTQ Affairs          County of Union Administration Building          Office of LGBTQ Affairs          2nd Floor Department of Economic Development          10 Elizabethtown Plaza, Elizabeth, NJ 07207</p>
<b>Contact</b>	Danni Newbury
<b>Phone</b>	(908) 527-4742
<b>Email</b>	<a href="mailto:dnewbury@ucnj.org">dnewbury@ucnj.org</a>
<b>Website</b>	<a href="https://ucnj.org/lgbt">https://ucnj.org/lgbt</a>

## Outdoor Adventure Groups

### Get Out And Trek

<b>Description</b>	<p>Get out and trek (GOAT) is a fun-loving community of LGBTQ+ Adventures actively working to change the face of the outdoors. Through our trips, festivals, and advocacy we are building a better, more inclusive outdoors for queer people.</p>
<b>Contact</b>	Keith Oberlin

<b>Email</b>	<a href="mailto:findadventure@beagoat.org">findadventure@beagoat.org</a>
<b>Website</b>	<a href="http://beagoat.org/">http://beagoat.org/</a>

### Sundance Outdoor Adventure Club

<b>Description</b>	Sundance Outdoor Adventure Society is a not-for-profit, all volunteer organization serving LGBT people in the NY-NJ-CT tristate region who enjoy a variety of non-competitive outdoor activities. Our mission is to organize and provide outdoor and cultural activities in a friendly, social, and accessible way with old and new friends!
<b>Email</b>	<a href="mailto:info@sundanceoutdoor.org">info@sundanceoutdoor.org</a>
<b>Website</b>	<a href="http://www.sundanceoutdoor.org/">http://www.sundanceoutdoor.org/</a>

## Pride Event Groups

### Jersey Pride, Inc.

<b>Description</b>	An all-volunteer non-profit organization produces NJ's Annual Lesbian, Gay, Bi and Trans Pride Celebration in Asbury Park, NJ
<b>Contact</b>	Laura Pople
<b>Phone</b>	(732) 21-GAY NJ / (732) 214-2965
<b>Email</b>	<a href="mailto:info@jerseypride.org">info@jerseypride.org</a>
<b>Website</b>	<a href="http://www.jerseypride.org">http://www.jerseypride.org</a>

### Morris County Pride

<b>Description</b>	Morris County Pride, presented by EDGE NJ, produces entertainment-based events in Morris County as a platform for visibility, acceptance, inclusion, education, and resources for the LGBTQI+ community. Morris County Pride, presented by EDGE NJ, produces entertainment-based events in Morris County as a platform for visibility, acceptance, inclusion, education, and resources for the LGBTQI+ community.
<b>Email</b>	<a href="mailto:info@edgenj.org">info@edgenj.org</a>
<b>Website</b>	<a href="https://edgenj.org/mcpride">https://edgenj.org/mcpride</a>

### Out Montclair

<b>Description</b>	Out Montclair is a nonprofit organization created to raise awareness and provide support and solidarity for the LGBTQIA+ community of
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	Montclair. We offer educational and charitable activities and events to promote inclusivity and equality for lesbian, gay, bisexual, transgender, queer, non-binary and gender-fluid youth and adults. Additionally, we are a safe space where our community and our allies can come together and celebrate who we are.
<b>Email</b>	<a href="mailto:info@outmontclair.org">info@outmontclair.org</a>
<b>Website</b>	<a href="https://outmontclair.org/pride">https://outmontclair.org/pride</a>

<b>Southern New Jersey LGBTQA Pride</b>	
<b>Description</b>	Our mission is to promote equality, respect, and awareness of causes important, such as bullying and hunger, to the gay, lesbian, bi-sexual, trans-gender and questioning community of Southern New Jersey and surrounding areas.
<b>Address</b>	190 S Warwick Rd., #113, Stratford NJ 08084
<b>Phone</b>	(856) 248-0332
<b>Website</b>	<a href="http://www.jerseygaypride.org">http://www.jerseygaypride.org</a>

## Professional Groups

<b>National Association of Social Workers, New Jersey Chapter: The Lesbian, Gay, Bisexual, Transgender Issues Committee</b>	
<b>Description</b>	This committee has compiled a list of therapists with interest/experience in working with clients who are lesbian, gay, bisexual or transgender.
<b>Address</b>	2 Quakerbridge Plaza, Hamilton, NJ 08619
<b>Contact</b>	Pat Brennan or Barry Moore
<b>Phone</b>	(609) 584-5686 or (800) 932-0004
<b>Email</b>	<a href="mailto:naswnj@aol.com">naswnj@aol.com</a>
<b>Additional Information</b>	Contact: Pat Brennan at (609) 695-0161 or Barry Moore at (973) 746-6196

## Cancer Support Groups

<b>National LGBT Cancer Network- LGBT Cancer Group</b>	
<b>Description</b>	A free group for those in the LGBT community who have personal experience with cancer, either as someone diagnosed or as a



	caregiver, friend, or family member. Join others in a comfortable environment for an open discussion on emotions, thoughts, difficulties, and insights in relation to living with cancer.
<b>Address</b>	613 Hope Road, Victoria Commons, Eatontown, NJ 07724
<b>Contact</b>	Lou Storey, LCSW, LCADC
<b>Phone</b>	(732) 578-9200
<b>Website</b>	<a href="http://www.cancer-network.org/">http://www.cancer-network.org/</a>
<b>Services Offered</b>	The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: <ul style="list-style-type: none"> <li>• EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection.</li> <li>• TRAINING health care providers to offer more culturally competent, safe, and welcoming care; and</li> <li>• ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.</li> </ul>
<b>Additional Information</b>	National LGBT Cancer Network Resources: <ul style="list-style-type: none"> <li>• Caregiver Resources  </li> <li>• Cultural Competence Training</li> <li>• LGBT friendly cancer screening and treatment providers' database</li> <li>• Resource Library</li> </ul>

## Community Organizations & Support Groups

<b>AHEC: Camden Area Health Education Center, Inc.</b>	
<b>Description</b>	Camden AHEC is committed to improving the health of the medically underserved - the ethnic and culturally diverse, the aged, the poor, the very young, the unemployed, the homeless and the uninsured. Emphasis is on providing services in the City of Camden and the Counties of Camden and Burlington.
<b>Address</b>	514 Cooper Street Camden, NJ 08102-1250
<b>Phone</b>	(856) 963-2432
<b>Email</b>	<a href="mailto:info@camden-ahec.org">info@camden-ahec.org</a>
<b>Website</b>	<a href="http://www.camden-ahec.org">www.camden-ahec.org</a>
<b>Services Offered</b>	Services Provided: <ul style="list-style-type: none"> <li>• AHEC Neighborhood Health Van</li> <li>• Camden Community Farmers' Market</li> <li>• Community Health Worker Institute</li> <li>• HIV Prevention Program</li> <li>• Keeping It Safe (K.I.S.) is a peer-centered program seeking to educate, encourage and support LGBTQA youth in the</li> </ul>

	<p>community. Youth ages 17-24 participate in life skills activities and training. KIS is part of the HIV Prevention Program S.P.I.L.L. Strengthening Parental Involvement in the Lives of LGBTQ Youth</p> <ul style="list-style-type: none"> <li>• Program S.P.I.L.L. Strengthening Parental Involvement in the Lives of LGBTQ Youth- for a parent, guardian, caregiver, or family member of a Lesbian, Gay, Bisexual, transgender, or questioning teen.</li> <li>• Senior Wellness Program</li> <li>• Syringe Access Program (SAP) and Referral</li> </ul>
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<b>Alliance Center for Independence</b>	
<b>Description</b>	<p>The Alliance Center for Independence (ACI) recognizes disability as a natural and beautiful part of human diversity. ACI is a 501(c)(3) community-based, grassroots organization that supports and promotes independent living for people with disabilities in Middlesex, Union, and Somerset counties in New Jersey.</p> <p>ACI provides information and referral services and develops and implements educational programs and innovative activities that promote activism, peer support, health and wellness, employment and independent living skills for people with disabilities and their allies. ACI supports the philosophy of independent living for all persons with disabilities.</p>
<b>Address</b>	629 Amboy Ave, Edison, NJ 08837
<b>Phone</b>	(732) 738-4388
<b>Email</b>	<a href="mailto:ctonks@adacil.org">ctonks@adacil.org</a> or <a href="mailto:adacil@adacil.org">adacil@adacil.org</a>
<b>Website</b>	<a href="https://www.adacil.org/">https://www.adacil.org/</a>
<b>Additional Information</b>	<p>NJ Disability Pride in the Park: <a href="https://www.adacil.org/nj-disability-pride-in-the-park">https://www.adacil.org/nj-disability-pride-in-the-park</a></p> <p>COME AS YOU ARE: New Jersey Disability Pride in the Park (formerly NJ Disability Pride Parade) has a new look and a new venue! Come and celebrate with us at this first-time festival that will take place at the Alvin P. Williams Park in Sewaren Peninsula, Woodbridge Township (Middlesex County), New Jersey!</p> <p>Alliance Center for Independence Resources: Loud &amp; Proud Support Group: A safe, fun, open minded, non-judgmental, and honest support group on Zoom for those with disabilities and identifying as LGBTQIA.</p>

<b>Club Good Vibes</b>	
<b>Description</b>	Club Good Vibes is a organization for elementary and middle school kids who identify as part of the LGBTQ+ population and their families. They have monthly events for the kids and additional events for parents, only. Families can reach out and to join their private <a href="#">Facebook</a> page.
<b>Address</b>	Morris County, NJ
<b>Phone</b>	(516) 241-5350
<b>Email</b>	<a href="mailto:clubgoodvibes@yahoo.com">clubgoodvibes@yahoo.com</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Social Events for LGBT kids</li> <li>• Support Services</li> <li>• Education Services</li> </ul>

<b>EDGE New Jersey</b>	
<b>Description</b>	The mission of EDGE New Jersey is to respond compassionately and responsibly to those living with HIV, those at risk, and the LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies, and education to enhance the community it serves.
<b>Address</b>	295 E. Main Street, 1 <sup>st</sup> Floor, Denville, NJ 07834
<b>Phone</b>	(973) 285-0006
<b>Email</b>	<a href="mailto:info@edgenj.org">info@edgenj.org</a>
<b>Website</b>	<a href="http://www.edgenj.org">www.edgenj.org</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Our center includes a member lounge, coffee bar, art gallery, library, computer lab, and various private meeting spaces. All rooms are available to rent.</li> <li>• Support Groups <ul style="list-style-type: none"> <li>○ LGBTQ+ Teens (13-17): Monday 6:00 PM</li> <li>○ Parent Group: Monday 6:00 PM</li> <li>○ Emerge (A Support Group for LGBTQ+ Young Adults ages 18-24: Tuesday 5:15 PM</li> <li>○ Transgender and Non-Binary Group (18+): Tuesday 6:30 PM</li> <li>○ Life+ (A Support Group for People living with HIV): Wednesday 1:30 PM</li> </ul> </li> </ul>
<b>Additional Information</b>	EDGE NJ's Community Center is open: Sunday 10:00 AM-4:00 PM Monday-Thursday 9:00 AM-9:00 PM Friday 9:00 AM-5:00 PM

<b>Hudson Pride Center</b>	
<b>Description</b>	Hudson Pride Center is a home and voice for the diverse LGBTQ community and our allies that advocates for our physical, mental, social and political well-being. We create safe and vibrant spaces to gather and celebrate our lives.
<b>Address</b>	205 Brunswick Street, Jersey City, NJ 07302
<b>Phone</b>	(201) 963-4779
<b>Email</b>	<a href="mailto:info@hudsonpride.org">info@hudsonpride.org</a>
<b>Website</b>	<a href="http://www.hudsonpride.org">www.hudsonpride.org</a>
<b>Services Offered</b>	HIV Education and Referral for Preventative Services Mental Health Services and Referrals Gender Affirming Services and Community Resources Support Groups Trainings
<b>Additional Information</b>	EDGE NJ's Community Center is open: Sunday 10:00 AM-4:00 PM Monday-Thursday 9:00 AM-9:00 PM Friday 9:00 AM-5:00 PM

<b>Intersexed People of New Jersey</b>	
<b>Description</b>	Intersexed People of New Jersey strives to support Intersexed, Transgendered, Bi- & friends (and Sci Fi lovers too) as well as other groups in & around New Jersey. We hope to create a safe, friendly space (no location yet) for open, respectful discussion. Life can be difficult & lonely for Intersexed & Transgendered people, it's our hope to help.  A support group for Intersexed and Trans people (and friends) who don't fit in with other GLBTI groups.
<b>Email</b>	<a href="mailto:intersexedpeopleofnj@gmail.com">intersexedpeopleofnj@gmail.com</a>
<b>Website</b>	<a href="http://intersexedpeopleofnj.altervista.org/">http://intersexedpeopleofnj.altervista.org/</a>
<b>Additional Information</b>	Skype: intersexedpeopleofnj (voice mail is setup) Sip identity: <a href="sip:intersexedpeopleofnj@sip.linphone.org">sip:intersexedpeopleofnj@sip.linphone.org</a>

<b>Kaleidoscope – Center for Family Services</b>	
<b>Description</b>	Kaleidoscope is a community-based Gay-Straight Alliance. Kaleidoscope offers monthly student-led meetings in a safe, supportive environment for LGBT and allied teens to gather, socialize, organize, and help each other. As a youth-centric LGBT organization in South Jersey, this center fills a void in the community for those struggling with sexuality/gender

	<p>identity/expression. It will allow those attending schools without a Gay-Straight Alliance to seek support and guidance and serve to help unify area GSAs in planning out of school events such as a GSA Forum or GSA Prom.</p> <p>Kaleidoscope's mission is to empower LGBTQ and allied youth to lead healthy, productive lives. We are committed to fostering a safe and welcoming atmosphere for all people, respecting, and celebrating the beautiful diversity of sexual and affectional orientations and gender identities and expressions. Kaleidoscope strives to be a youth-led organization, encouraging teens to take leadership roles and develop communication and organizational skills that will enrich their lives as they transition into adulthood.</p>
<b>Address</b>	584 Benson Street, Camden, NJ
<b>Phone</b>	Support Hotline: 1-800-255-4213
<b>Website</b>	<a href="https://www.centerffs.org/our-services/community-connections/kaleidoscope">https://www.centerffs.org/our-services/community-connections/kaleidoscope</a>
<b>Additional Information</b>	Facebook: <a href="https://www.facebook.com/KaleidoscopeNJ?ref=hl">https://www.facebook.com/KaleidoscopeNJ?ref=hl</a>

<b>LGBT Babyboomers</b>	
<b>Description</b>	We offer monthly informational workshops in Florham Park for LGBTIQA adults 50 and above. Topics include: Wills, living wills, power of attorney, Social Security, Medicare, Obamacare, giving and receiving care, setting life goals, independent & assisted living, nursing homes, outreach to LGBT seniors.
<b>Address</b>	East Hanover, NJ
<b>Phone</b>	(973) 342-2360 (Call or Text)
<b>Email</b>	<a href="mailto:gordonjav@earthlink.net">gordonjav@earthlink.net</a>

<b>LGBTQ+ Support and Social Group USA</b>	
<b>Description</b>	LGBTQ Support and Social Group USA a non-profit 501(c)(3) charity. Our aim is to support the local LGBTQ youth community. Open to gay and lesbian teens, adults, their friends, parents, and family members.
<b>Address</b>	North Branch County Library 65 Halsted Street, Clinton, NJ 08809
<b>Contact</b>	Matthew Loscialo
<b>Phone</b>	(908) 300-1058
<b>Email</b>	<a href="mailto:matthewl@student.fdu.edu">matthewl@student.fdu.edu</a>
<b>Website</b>	<a href="https://lgbtqsupportandsocialgroupusa.org">https://lgbtqsupportandsocialgroupusa.org</a>

	<a href="https://glbtofhunterdoncountyofnj.com">https://glbtofhunterdoncountyofnj.com</a>
<b>Additional Information</b>	<p>LGBT Collage Scholarship  <a href="https://www.lgbtqsupportandsocialgroupusa.org/lgbtq-scholarship/">https://www.lgbtqsupportandsocialgroupusa.org/lgbtq-scholarship/</a></p> <p>LGBTQ Support and Social Group USA Chapters:</p> <ul style="list-style-type: none"> <li>• Hunterdon County NJ Clinton is a chapter of LGBTQ Support and Social Group USA <ul style="list-style-type: none"> <li>○ North Branch County Library, 65 Halstead Street, Clinton, NJ 08809</li> </ul> </li> <li>• Morris County NJ is a Chapter of LGBTQ Support and Social Group USA <ul style="list-style-type: none"> <li>○ Morristown Unitarian Fellowship 21, Normandy Heights RD, Morristown, NJ 07960</li> </ul> </li> <li>• Hunterdon County NJ Flemington is a chapter of LGBTQ Support and Social Group USA <ul style="list-style-type: none"> <li>○ Flemington Free Public Library, 118 Main Street, Flemington, NJ 08822</li> </ul> </li> <li>• Website:  <a href="https://www.lgbtqsupportandsocialgroupusa.org/our-chapters/new-jersey/">https://www.lgbtqsupportandsocialgroupusa.org/our-chapters/new-jersey/</a></li> </ul>

<b>LifeTies, Inc</b>	
<b>Description</b>	A non-profit agency that recruits community volunteers that are trained and supervised by the program who are assigned as mentors to youth to make a lifelong difference in their lives. Provides quality care and services to youth in crisis due to sexual orientation, gender, abuse, neglect, and homelessness and various health issues including HIV/AIDS, Lupus, and Diabetes.
<b>Address</b>	2205 Pennington Road, Ewing, NJ 08638
<b>Contact</b>	Teri Triano-Davis
<b>Phone</b>	(609) 671-0041 or (609) 771-1600
<b>Email</b>	<a href="mailto:ttriano-davis@lifeties.org">ttriano-davis@lifeties.org</a> or <a href="mailto:info@lifeties.org">info@lifeties.org</a>
<b>Website</b>	<a href="http://www.lifeties.org/">http://www.lifeties.org/</a>
<b>Services Offered</b>	<p>Triad House, a program of LifeTies, is a 24-hour residential group home for youth ages 16-21 with emotional and behavioral challenges. A youth-centered program, our program provides individualized treatment for the youth and their families to achieve their goals.</p> <p>Triad House promotes a safe and inclusive environment for all youth and emphasizes the importance of youth understanding and celebrating diversity regarding their sexual orientation, gender orientation, religion and ethnicity. Triad House was the first LGBTQ friendly group home in NJ.</p>

	<p>In addition, Triad House works with youth to deal with and overcome the effects of physical, emotional, and sexual abuse. Triad House provides a nurturing, supportive, and structured environment where our youth can develop trust, grow, and become positive and productive members of society.</p> <p>Program Services:</p> <ul style="list-style-type: none"> <li>• 24-hour residential services</li> <li>• Individual Counseling</li> <li>• Group Counseling</li> <li>• Family Counseling</li> <li>• Independent Living Skills Training</li> <li>• Substance Abuse Assessment and Referral</li> <li>• Educational Planning</li> <li>• Job Readiness Training</li> <li>• Tutoring</li> <li>• Community Service</li> <li>• Program Aftercare</li> </ul> <p>Website: <a href="https://www.lifeties.org/programs/triad-house/">https://www.lifeties.org/programs/triad-house/</a></p>
<b>Additional Information</b>	<p>Become a Mentor for the T.I.L.T. Mentoring Program at LifeTies and make a change in the life of a youth.</p> <p>Sign up to attend one an information session. RSVP to Teri Triano-Davis at <a href="mailto:ttriano-davis@lifeties.org">ttriano-davis@lifeties.org</a>, call <a href="tel:609-671-0040">609-671-0040</a> (Office) or <a href="tel:609-731-1249">609-731-1249</a> (Cell).</p>

<b>Monmouth Medical Center: Transgender Family Support Group</b>	
<b>Description</b>	The Transgender Support Group is led by facilitators from Monmouth Medical Center and the Pride Center of New Jersey. It is free for parents, spouses, partners, and adult children and will help them understand accept and cope with their transgender family member. Light dinner will be served.
<b>Address</b>	Monmouth Medical Center – Community Meeting Room 300 2nd Avenue, Long Branch, NJ, 07740
<b>Contact</b>	Nicole Brownstein <a href="mailto:nicolebrownstein@gmail.com">nicolebrownstein@gmail.com</a>
<b>Phone</b>	(732) 740-3971
<b>Email</b>	<a href="mailto:MonmouthACTS@co.monmouth.nj.us">MonmouthACTS@co.monmouth.nj.us</a> or <a href="mailto:info@monmouthresourcenet.org">info@monmouthresourcenet.org</a>
<b>Website</b>	<a href="https://www.monmouthresourcenet.org/search/proud-transitions-transgender-family-support-group/">https://www.monmouthresourcenet.org/search/proud-transitions-transgender-family-support-group/</a>
<b>Services Offered</b>	18+ LGBTQ Family and Support Services

<b>Additional Information</b>	The group is currently being held virtually until further notice.  Preregistration is required. Please email Nicole Brownstein at nicolebrownstein@gmail.com or Kim Lagregor at kimberlylagregor@gmail.com to register.
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<b>National Queer Asian Pacific Islander Alliance (NQAPIA)</b>	
<b>Description</b>	The National Queer Asian Pacific Islander Alliance (NQAPIA) is a federation of lesbian, gay, bisexual, and transgender (LGBT) Asian American, South Asian, Southeast Asian, and Pacific Islander (AAPI) organizations.
<b>Contact</b>	Kenrick Ross, Executive Director Newark, NJ <a href="mailto:Kenrick@nqapia.org">Kenrick@nqapia.org</a> <a href="mailto:info@nqapia.org">info@nqapia.org</a>
<b>Website</b>	<a href="https://www.nqapia.org/wpp/">https://www.nqapia.org/wpp/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Annual Training and Issue Briefing for Leaders of LGBT AAPI organizations</li> <li>• National Conference</li> <li>• LGBT Immigrants’ Rights and Immigration Reform</li> <li>• Multilingual Visibility Campaign</li> <li>• Capacity Building Resources for Local Organizations</li> <li>• Participation in Current Issues</li> </ul>
<b>Additional Information</b>	<a href="http://www.instagram.com/nqapia">www.instagram.com/nqapia</a>  Join the email list in order to find out about events near you and to stay in the loop!

<b>PFLAG</b>	
<b>Description</b>	PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies.
<b>Address</b>	Multiple locations
<b>Website</b>	<a href="https://pflag.org/">https://pflag.org/</a>
<b>Additional Information</b>	PFLAG Bergen Central Unitarian Church 156 Forest Ave Paramus, NJ 07652



(201) 503-4470  
<https://www.bergenpflag.com/about-meetings/>

PFLAG Collingswood  
Collingswood, New Jersey 08108-8941  
(856) 834-6355  
[pflagcollingswood@gmail.com](mailto:pflagcollingswood@gmail.com)  
<https://pflag.org/chapter/pflag-collingswood>

PFLAG Hunterdon County  
10 East Main Street, Flemington, NJ 08822-1208  
(908) 507-9328  
[pflaghc@yahoo.com](mailto:pflaghc@yahoo.com)

PFLAG Jersey Shore - Monmouth  
PO BOX 677  
Howell, NJ 07731  
Contact: William Placek  
(908) 814-2155  
[info@pflagjerseyshore.org](mailto:info@pflagjerseyshore.org)  
[support@pflagjerseyshore.org](mailto:support@pflagjerseyshore.org)

PFLAG Jersey Shore - Ocean  
36 Washington Street  
Toms River, NJ 08753  
(908) 814-2155  
[info@pflagjerseyshore.org](mailto:info@pflagjerseyshore.org)  
[pflagjerseyshore.org](http://pflagjerseyshore.org)

PFLAG - Morris County  
Frost Hall, Brookside Community Church  
8 East Main Street  
Brookside, NJ 07926  
Contact: Craig Anderson  
(973) 543-7229  
[wshubert@schubertgrp.com](mailto:wshubert@schubertgrp.com)

PFLAG - Northern Jersey  
Christ Episcopal Church  
74 Park Avenue  
Glen Ridge, NJ 07028  
(908) 300-4227  
[pflagwaver@aol.com](mailto:pflagwaver@aol.com)  
<http://www.pflagnorthjersey.org>

PFLAG Ocean City/Cape May County  
325 Simpson Ave.

	<p>Ocean City, NJ 08226  (609) 391-0618  <a href="mailto:juliannestrain@comcast.net">juliannestrain@comcast.net</a></p> <p>PFLAG Princeton  Trinity Church  33 Mercer Street  Princeton, NJ 08540  (609) 791-9740  <a href="mailto:murphy8812@aol.com">murphy8812@aol.com</a>  <a href="http://www.pflagprinceton.org/">http://www.pflagprinceton.org/</a></p> <p>PFLAG Ridgewood  PFLAG of Bergen County  P.O. Box 1330  Ridgewood, NJ 07450  Contact: Will Weir Jr  (201) 287-0318  <a href="mailto:Bergenpflag@gmail.com">Bergenpflag@gmail.com</a>  <a href="http://www.bergenpflag.com/">http://www.bergenpflag.com/</a></p> <p>PFLAG Transgender Support Group  352 Sycamore Ave.  Shrewsbury, N.J. 07702  (908) 814-2155  <a href="mailto:jspflag@gmail.com">jspflag@gmail.com</a>  <a href="http://www.jerseyshorepflag.org/">http://www.jerseyshorepflag.org/</a></p>
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<b>Project R.E.A.L.</b>	
<b>Description</b>	Project R.E.A.L. (Real Empowerment on All Levels) offers free social events that bring together the local young LGBTQ+ community helping build peer support. Project R.E.A.L. provides sexual health advocacy and also serves as a point of contact between the client and community resources such as housing, HIV and STD testing, therapy, etc. For LGBTQ+ young adults ages 18 to 29.
<b>Address</b>	805 4th Avenue, Asbury Park, NJ 07712
<b>Phone</b>	(732) 455-5516
<b>Email</b>	<a href="mailto:projectrealap@gmail.com">projectrealap@gmail.com</a> <a href="mailto:eric.wuethrich@vnahq.org">eric.wuethrich@vnahq.org</a>
<b>Website</b>	<a href="https://www.prnvnacj.org/project-real/">https://www.prnvnacj.org/project-real/</a>
<b>Services Offered</b>	Project R.E.A.L. Resources: <ul style="list-style-type: none"> <li>• Trans Time: Social/supportive group, for high school age and older, that hosts monthly events with educational, entertaining, and supportive themes.</li> </ul>

## The Q-Spot Jersey Shore Community Center

<b>Description</b>	Fosters the health, wellbeing and pride of individuals, groups and families within New Jersey's LGBT community by providing resources, referrals, public education, outreach services and general support to empower them to live their lives with dignity and freedom. QSpot is also a meeting place for other LGBT organizations and individuals looking for a welcoming place to hold important professional and personal events.
<b>Address</b>	1601 Asbury Avenue Asbury Park, NJ 07712
<b>Phone</b>	(732) 455-3373
<b>Email</b>	<a href="mailto:info@jsqspot.org">info@jsqspot.org</a>
<b>Website</b>	<a href="http://qspot.org/">http://qspot.org/</a>
<b>Additional Information</b>	<p>QSpot's services include:</p> <ul style="list-style-type: none"> <li>• 12-Step Recovery Groups</li> <li>• Advocacy</li> <li>• Art Exhibitions</li> <li>• Book Club</li> <li>• Book Readings</li> <li>• Buddy Program for LGBT 50 +</li> <li>• Education</li> <li>• LGBT Seniors, Parents, And Families of LGBT</li> <li>• Mental Health Counseling</li> <li>• Musical Performances</li> <li>• QFest New Jersey LGBT Film and Digital Media Festival, Nj's Only LGBT Film Festival</li> <li>• QSpot Marching and Concerts Bands</li> <li>• Social Clubs</li> <li>• Support Groups</li> <li>• Support For LGBT Youth</li> </ul>

## Rainbow Cafe' Morris

<b>Description</b>	<p>Concerned parents, high school Gay/Straight Alliance (GSA) members, and a team of volunteers have created a safe space for Morris and Sussex Counties' lesbian, gay, bi-sexual, transgender, queer, questioning and asexual (LGBTIQA) high school students (13-18) and their allies to discuss matters important to them and to meet other teens to build stronger social circles. We meet approximately once per month, usually on Saturday evenings. Upcoming events are listed on our website. At our events, we play music, games, watch movies, listen to guest speakers, and to enjoy each other's company! Teens are supervised by vetted adults.</p>
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<b>Address</b>	The Community Church of Mountain Lakes 48 Briarcliff Rd., Mountain Lakes, NJ 07046
<b>Phone</b>	(973) 334-6500
<b>Email</b>	<a href="mailto:rainbowcafemorris@gmail.com">rainbowcafemorris@gmail.com</a> <a href="mailto:officeatccml@gmail.com">officeatccml@gmail.com</a>
<b>Website</b>	<a href="https://www.rainbowcafemorris.club/">https://www.rainbowcafemorris.club/</a>
<b>Services Offered</b>	Rainbow Café Morris Resources: Parents' Lounge @ Rainbow Cafe' Morris The Parents' Lounge at Rainbow Cafe' Morris is a place where parents of LGBT teens come together in a very relaxed social atmosphere to share experiences and support. Meetings held third Saturday of every month, from 7 PM - 10 PM.

<b>Rainbow Cafe' Northern NJ</b>	
<b>Description</b>	The Rainbow Cafe is a place where lesbian, gay, bisexual, transgender, and questioning youth ages 13-19 years old can meet and support each other in a safe space and place. We have awesome dances, conversations, and activities that strengthen ourselves and our communities while having a great time!
<b>Address</b>	Cresskill Congregational United Church of Christ 85 Union Ave., Cresskill, NJ 07626
<b>Phone</b>	(201) 568-0608
<b>Email</b>	<a href="mailto:support@rainbowcafennj.org">support@rainbowcafennj.org</a> <a href="mailto:office@cresskillucc.org">office@cresskillucc.org</a>
<b>Website</b>	RainbowCafeNNJ.org

<b>Sam &amp; Devorah Foundation for Trans Youth</b>	
<b>Description</b>	Founded in March 2016 to honor the memory of Sam Harel Price, a junior at Oberlin College, the mission of Sam & Devorah Foundation for Trans Youth is to support trans and non-binary youth by offering safe spaces and programs where they can connect, thrive and be empowered.
<b>Website</b>	<a href="https://www.samdevorah.org/">https://www.samdevorah.org/</a>
<b>Services Offered</b>	Sam & Devorah Foundation for Trans Youth Services: Trans Mentor Project Youth Retreats Leadership Retreats Young Adult Workshop
<b>Additional Information</b>	This is an agency/center with no physical location. The city where they are based: c/o Adam Price 10 Fairmount Avenue, Chatham, NJ 07928

<b>SAGE (Services &amp; Advocacy for GLBT Elders)</b>	
<b>Description</b>	A social networking group that provides workshops, day trips, access to important resources and referrals regarding healthcare, social services and community activities for LGBTQ people 50+ years of age.
<b>Address</b>	Hudson Pride 205 Brunswick Street, Jersey City, NJ 07302
<b>Phone</b>	Main Line  (201) 963-4779  SAGE LGBT Elder Hotline   877-360-5428
<b>Email</b>	<a href="mailto:info@hudsonpride.org">info@hudsonpride.org</a> or <a href="mailto:gordon@hudsonpride.org">gordon@hudsonpride.org</a>
<b>Website</b>	<a href="https://hudsonpride.org/social/">https://hudsonpride.org/social/</a>

<b>SAMOST Jewish Family &amp; Children's Service (JFCS) of Southern NJ</b>	
<b>Address</b>	1301 Springdale Road, Suite 150, Cherry Hill, NJ 08003
<b>Contact</b>	Reva Farenback-Brateman, MSW, CDP
<b>Phone</b>	(856) 424-1333, Ext. 1184
<b>Email</b>	<a href="mailto:rbrateman@jfedsnj.org">rbrateman@jfedsnj.org</a> <a href="mailto:info@jfedsnj.org">info@jfedsnj.org</a>
<b>Website</b>	<a href="https://jewishsouthjersey.org/">https://jewishsouthjersey.org/</a> or <a href="https://jfcssnj.org/lgbtq-support/">https://jfcssnj.org/lgbtq-support/</a>
<b>Services Offered</b>	<p>JFCS Resources:</p> <p><b>Aging With Pride - LGBT Group for Older Adults</b> The only group of its kind in South Jersey, this monthly program offers a welcoming atmosphere for LGBT older adults to share their experiences, build relationships, and discuss issues like discrimination and social isolation. Sponsored by the Timothy Rice Estate and Elder Law Firm (TREEL).</p> <p><b>PROJECT RAINBOW FOR LGBTQ+ TEENS</b> This monthly online group provides support and social opportunities for LGBTQ+ teens and their allies in grades 9 through 12. Social events are planned in conjunction with opportunities for group support and discussion. The Project Rainbow teen &amp; tween groups are presented in collaboration with the Katz JCC, with grant funding by the Camden County Board of Freeholders. Contact: Gaby Marantz at (856) 424-1333 Email: <a href="mailto:gmarantz@jfedsnj.org">gmarantz@jfedsnj.org</a></p> <p><b>PROJECT RAINBOW FOR LGBTQ+ TWEENS</b> This is a monthly online group for LGBTQ+ tweens and allies in grades 6-8. To learn more or to RSVP.</p>

	<p>Contact: Gaby Marantz at (856) 424-1333 Email: <a href="mailto:gmarantz@jfedsnj.org">gmarantz@jfedsnj.org</a></p> <p><b>COUNSELING</b> We provide counseling and support to individuals and families in the LGBTQ community, regarding sexual orientation, transgender, gender identity, family conflict, bullying, anxiety, coming out, and depression.</p> <p><b>TRAINING</b> In partnership with Keshet / JFCS Philly, we can offer cultural sensitivity training and parent workshops. To learn more about training opportunities. Contact: Beth Wynne, Associate Executive Director Email: <a href="mailto:bwynne@jfedsnj.org">bwynne@jfedsnj.org</a></p>
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<b>South Jersey Gay &amp; Lesbian Social Club</b>	
<b>Description</b>	A diverse group of people, bringing various interests, careers, ethnic backgrounds, religions, and experiences to the club community. E-mail for more information.
<b>Email</b>	<a href="mailto:info@southjerseysocialclub.com">info@southjerseysocialclub.com</a>

<b>Southern New Jersey LGBTQ Pride</b>	
<b>Description</b>	Southern New Jersey LGBTQA Pride is a grass-root organization that promotes equality, respect, and awareness of causes important to the gay, lesbian, bisexual, transgender and questioning community of Southern New Jersey and surrounding area.
<b>Address</b>	PO Box 113, Stratford, NJ 08084
<b>Phone</b>	(856) 248-0332
<b>Email</b>	<a href="mailto:snjgaypride@gmail.com">snjgaypride@gmail.com</a>

<b>Statewide LGBTQ Quit Group</b>	
<b>Description</b>	Looking for help quitting smoking/vaping? This is a new virtual Stop Tobacco Group, and it is evidence-based. Call the Inspira Quit Center for more information or to schedule an initial assessment.
<b>Phone</b>	(856) 641- 8633

<b>Teen Space Planned Parenthood of Southern New Jersey</b>	
<b>Description</b>	Provides safe space for LGBTQ teens in the Camden, NJ area
<b>Address</b>	317 Broadway, Camden, NJ 08103
<b>Contact</b>	Jennifer Jo
<b>Phone</b>	(856) 365-3519 ext. 232
<b>Email</b>	<a href="mailto:jenniferjo.stevens@ppsnj.org">jenniferjo.stevens@ppsnj.org</a>

<b>Triad House (LifeTies, Inc)</b>	
<b>Description</b>	<p>Triad House, a program of LifeTies, is a 24-hour residential group home for youth ages 16-21 with emotional and behavioral challenges. A youth-centered program, our program provides individualized treatment for the youth and their families to achieve their goals.</p> <p>Triad House promotes a safe and inclusive environment for all youth and emphasizes the importance of youth understanding and celebrating diversity regarding their sexual orientation, gender orientation, religion and ethnicity. Triad House was the first LGBTQ friendly group home in NJ.</p> <p>In addition, Triad House works with youth to deal with and overcome the effects of physical, emotional, and sexual abuse. Triad House provides a nurturing, supportive, and structured environment where our youth can develop trust, grow, and become positive and productive members of society.</p>
<b>Website</b>	<a href="https://www.lifeties.org/programs/triad-house/">https://www.lifeties.org/programs/triad-house/</a>
<b>Services Offered</b>	<p>Program Services:</p> <ul style="list-style-type: none"> <li>• 24-Hour Residential Services</li> <li>• Individual Counseling</li> <li>• Group Counseling</li> <li>• Family Counseling</li> <li>• Independent Living Skills Training</li> <li>• Substance Abuse Assessment and Referral</li> <li>• Educational Planning</li> <li>• Job Readiness Training</li> <li>• Tutoring</li> <li>• Community Service</li> <li>• Program Aftercare</li> </ul>

<b>Woodbury Community Pride</b>	
<b>Description</b>	A non-partisan, LGBTQ community organization dedicated to achieving prosperity through equality and committed to creating a

	safe and welcoming environment for LGBTQ people and small businesses in Woodbury, NJ.
<b>Website</b>	<a href="https://woodburycommunitypride.org/">https://woodburycommunitypride.org/</a>
<b>Services Offered</b>	Woodbury Community Pride Resources: Youth Services Pride Professional outreach

## Student Resources & Organizations

<b>GLSEN Central New Jersey</b>	
<b>Description</b>	Strives to assure that every member of every school community is respected and valued, regardless of sexual orientation, gender expression or gender identity. Welcomes all.
<b>Address</b>	P.O. Box 261, Hightstown, New Jersey 08520
<b>Phone</b>	(609) 448-8243
<b>Email</b>	<a href="mailto:cnj@nigljen.org">cnj@nigljen.org</a>
<b>Website</b>	<a href="https://www.glsen.org/chapter/central-new-jersey">https://www.glsen.org/chapter/central-new-jersey</a>

<b>LEAGUE Foundation</b>	
<b>Description</b>	Since 1996, LEAGUE Foundation has awarded 195 college scholarships totaling \$423,500 to self-identified lesbian, gay, bisexual, transgender (LGBTQ+) graduating US High School Students and or US Military Base High School students based on the following achievements: a cumulative grade point average of 3.0 on a 4.0 scale; significant involvement in community service; and acceptance to an accredited US junior college, four year college, or university. Originally, the Foundation began as a grass-roots organization with the generous support of LEAGUE Members (Lesbian, Gay, Bisexual, and Transgender United Employees at AT&T). Through the years, however, the organization has grown into a national scholarship fund reaching all 50 states with support from corporations, individuals, and other LGBTQ organizations.
<b>Address</b>	1 AT&T Way, Room 4B214J, Bedminster, New Jersey 07921
<b>Phone</b>	(703) 691-5734
<b>Email</b>	<a href="mailto:info@leaguefoundation.org">info@leaguefoundation.org</a>
<b>Website</b>	<a href="http://www.LEAGUEFoundation.org">http://www.LEAGUEFoundation.org</a>
<b>Services Offered</b>	(703) 691-5734



<b>Additional Information</b>	LEAGUE Foundation Resources: LGBT Scholarship websites and links <a href="https://leaguefoundation.org/student-resources/">https://leaguefoundation.org/student-resources/</a>
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## 12-Step Meetings Groups in North Jersey

<b>Services Offered</b>	<p>Gay Men AA First Congregational Church 40 S. Fullerton Montclair, NJ 07042 (973) 744-4856 Friday 8:00PM, Closed, Speaker, Discussion.</p> <p>Gay Men AA Trinity United Presbyterian Church Route 650 Paramus, NJ 07652 (973) 744-3396 Friday 8:00PM, Closed, Discussion.</p> <p>Gay/Lesbian AA St. George Episcopal Church 550 Ridgewood Road, Maplewood (973) 762-1319 Monday 8:00PM, Closed, Step.</p> <p>Gay/Lesbian AA First Congregational Church 40 S. Fullerton Ave Montclair, NJ 07042 (973) 744-4856 Sunday 5:30PM, Closed, Discussion</p> <p>Gay/Lesbian AA St. James Episcopal Church 581 Valley Road &amp; Bellevue Avenue Upper Montclair, NJ 07043 (973) 744-4856 Wednesday 7:30PM, Open, Big Book (973) 744-0270 Thursday 8:00 PM</p> <p>Gay/Lesbian AA Church of the Redeemer 36 South St, Morristown, NJ 07960 (973) 539-0703 Saturday 8:00PM, Open, Speaker, Discussion</p>
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Gay/Lesbian AA  
First Lutheran Church  
153 Park St  
Montclair, NJ 07042  
Thursday 8:00PM, Open, Closed discussion.  
Last Thursday open with speaker.

Gay/Lesbian Friendly NA  
Grace Episcopal Church  
39 Erie St  
Jersey City, NJ 07302  
(201) 659-2211  
office@gracevanvorst.org  
Tuesday at 7:30 PM

Lesbian AA  
Christ Episcopal Church  
105 Cottage Pl  
Ridgewood, NJ 07450  
Friday 7:30PM, Closed, Speaker, Discussion

LGBT AA Open Discussion of Newark  
23 Branford Place  
Newark, NJ 07102  
(973) 571-3262  
cryt480@gmail.com  
<http://www.ufcnewark.org/>  
Meets Fridays at 7:00PM.

LGBT Alanon Meeting  
The Central Unitarian Church  
156 Forest Ave # 1  
Paramus, NJ 07652  
(201) 262-6300  
Sunday 6:00 PM

New Visions AI-Anon Group  
Church of the Redeemer  
36 South St  
Morristown, NJ 07960  
(973) 539-0703  
Saturday at 7:00 PM

P.R.I.D.E. (Personal Recovery In Diversity & Equality)  
Open to all seeking help but closed to visitors. Focuses on  
recovering from sex addiction.

	<p>153 Park St          Montclair, NJ 07042          Leo Z.          montclairsaa@gmail.com  <a href="http://www.newjerseysaa.org">http://www.newjerseysaa.org</a></p>
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**12-Step Meetings Groups in Central Jersey**

<p><b>Additional Information</b></p>	<p>Crystal Meth Anonymous          Clean and Queer - A meeting of Crystal Meth Anonymous. All LGBT addicts are welcome. Rotating format. If you think you might have a problem with crystal meth - come join us. Tuesday 8:00 pm          The Q-spot          66 Main Street, Ocean Grove          (908) 489-1268</p> <p>Gay Men AA          The Center          806 Third Avenue          Asbury Park, NJ 07712          (732) 774-3416          Monday 7:30PM Closed, Discussion</p> <p>Gay/Lesbian AA          Friends Meeting House          470 Quaker Rd          Princeton, NJ 08540          Friday 8:30PM Open, Discussion</p> <p>Gay/Lesbian AA          Friends Meeting House          Rt 616 &amp; White Bridge Road          Quakertown          Thursday 8:00PM, Open, Speaker, Discussion.</p> <p>Gay/Lesbian AA          Phillips Barber Health          72 Alexander Avenue          Lambertville, NJ 08530          (609) 397-3535          Monday 8:00PM, Open, Discussion</p> <p>Gay/Lesbian AA          The Salvation Army          605 Asbury Ave          Asbury Park, NJ 07712          (732) 775-8698</p>
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	<p>Friday 8:00PM, Closed, Discussion, Rotation</p> <p>Gay/Lesbian AA The Unitarian Society 176 Tices Ln East Brunswick, NJ 08816 (732) 246-3113 Wednesday 8:00PM to 9:00PM Open, Discussion</p> <p>Gay/Lesbian Al-Anon Meeting The Q-spot 66 Main Street, Ocean Grove (908) 489-1268 Open to everyone on Saturdays at 10:00AM</p> <p>LGBT Naranon, "Pride in Recovery" Welcomes gays, lesbians, bisexual and transgendered people with the problem of addiction in a partner, family member or friend. Freehold Township Municipal Building 1 Municipal Plaza Freehold, NJ 07728 (732) 740-2065 naranon@optonline.net <a href="http://ww.naranonofnj.org">http://ww.naranonofnj.org</a> Thursday's at 7:30pm</p>
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## HELPLINES/Crisis Lines

<b>2nd Floor</b>	
<b>Description</b>	2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults. We are here to help you find solutions to the problems that you face, and we are available 24/7 365 days a year
<b>Phone</b>	1-888-222-2228

<b>Covenant House</b>	
<b>Description</b>	Covenant House provides housing and supportive services to youth facing homelessness. We help young people transform their lives and put them on a path to independence.
<b>Phone</b>	1-800-999-9999

<b>Gay, Lesbian, Bisexual and Transgender National Hotline</b>	
<b>Description</b>	The Gay, Lesbian, Bisexual and Transgender (GLBT) National Hotline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.
<b>Phone</b>	1-888-THE-GLNH (1-888-843-4564)
<b>Email</b>	<a href="mailto:help@GLBThotline.org">help@GLBThotline.org</a>

<b>GLBT Hate Crimes Hotline</b>	
<b>Phone</b>	1-800-686-HATE

<b>Kaleidoscope LGBTQ Support Hotline</b>	
<b>Phone</b>	1-800-255-4213

<b>LGBT National Hotline</b>	
<b>Description</b>	Serving lesbian, gay, bisexual, transgender, queer & questioning community by providing free & confidential peer support and local resources. (youth & adults)
<b>Phone</b>	888-843-4564

<b>LGBT National Senior Hotline</b>	
<b>Description</b>	Providing senior callers, ages 50 and above confidential peer support, information, local resource and more.
<b>Phone</b>	888-234-7243

<b>LGBT National Youth Talkline</b>	
<b>Description</b>	Telephone volunteers are in their teens and early twenties and speak with teens and young adults up to age 25 about coming-out issues, relationship concerns, parent issues, school problems, HIV/AIDS anxiety and safer-sex information, and lots more!
<b>Phone</b>	1-800-246-PRIDE (1-800-246-7743)
<b>Email</b>	<a href="mailto:youth@glbtnationalhelpcenter.org">youth@glbtnationalhelpcenter.org</a>

## National Council on Alcoholism and Drug Dependence, 24-hour Hopeline

<b>Phone</b>	(800) 622-2255
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## National Domestic Violence Hotline

<b>Phone</b>	1 (800) 799-7233
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## National Gay and Lesbian Youth Hotline

<b>Description</b>	This helpline operates from 7-11:45 p.m. on Thursday to Sunday, and provides crisis intervention and referral services to gay and lesbian youth nationwide.
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<b>Phone</b>	(800) 347-8336
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## National Runaway Switchboard

<b>Phone</b>	(800) RUN-AWAY
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<b>Website</b>	<a href="http://www.1800runaway.org">www.1800runaway.org</a>
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## National Sexual Assault Telephone Hotline by RAINN

<b>Phone</b>	800-656-4673
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## 988 Suicide and Crisis Lifeline

<b>Description</b>	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
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<b>Website</b>	<a href="https://988lifeline.org/">https://988lifeline.org/</a>
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<b>Phone</b>	Simply dial: 988 or 1 (800) 273-TALK (8255)
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## New Jersey Hopeline

<b>Description</b>	Need someone to talk to? We are here to help. Our specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week. You're not alone ... we are only a phone call away.
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<b>Address</b>	Rutgers University Behavioral Health Care
<b>Phone</b>	855-NJ-HOPELINE (654-6735)
<b>Email</b>	<a href="mailto:NJHopeline@ubhc.rutgers.edu">NJHopeline@ubhc.rutgers.edu</a>
<b>Website</b>	NJHopeline.com

### **SAGE LGBT Elder Hotline**

<b>Description</b>	Provides resources and referrals regarding healthcare, social services, and community activities for LGBTQ people 50+ years of age
<b>Contact</b>	1-888-234-SAGE

### **Services Empowering Rights of Victims (SERV)**

<b>Description</b>	Our compassionate team is available to support victims and survivors with counseling, referrals, and information through our 24-hour hotlines. All calls are free and confidential. To reach our team of certified advocates, call one of our hotlines.
<b>Phone</b>	Camden & Gloucester Counties: (866) 295-7378 Cumberland County: (800) 225-0196
<b>Website</b>	<a href="https://www.centerffs.org/serv/lgbtq-services">https://www.centerffs.org/serv/lgbtq-services</a>
<b>Additional Information</b>	24-Hour Hotline

### **Sex, Gender, and Relationships Hotline (SGR Hotline)**

<b>Phone</b>	(415) 989-7374
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### **NJ 211 - Social Services Information Number**

<b>Phone</b>	211
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### **South Jersey AIDS Alliance Hotline**

<b>Description</b>	Trained helpers are here to give you comfort and advice. They can also help you with where to go for your health care and social service needs
<b>Phone</b>	(800) 281-AIDS (2437)

## Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment hotlines:

<b>Contact</b>	(800) 662-HELP (4357) or (877) 767-8432 (español)
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## Suicide Prevention Hotline – The Peer Listening Line

<b>Description</b>	This is a toll-free helpline, staffed from 7-10 p.m. on Monday through Friday (as staffing allows) by trained gay youth volunteers backed by mental health professionals. The hotline provides peer support, resource referral and safer sex information.
<b>Phone</b>	(800) 399-PEER

## Together Youth Emergency Housing Hotline

<b>Phone</b>	(800) 255-4213
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## Trans Lifeline

<b>Description</b>	Our hotline is run by trans people, for trans people. We believe that trans people are equipped to support one another, and that each trans person knows best what support looks like for them. We use active listening, community knowledge, shared lived experience and trust to be there for our peers.
<b>Contact</b>	1-877-565-8860
<b>Website</b>	<a href="https://www.translifeline.org">https://www.translifeline.org</a>

## The Trevor Help Line (Gay & Questioning Youth)

<b>Phone</b>	1-800-850-8078
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## The Trevor Project

<b>Description</b>	The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24.
<b>Phone</b>	866 4-U-TREVOR (866-488-7386)  Text TREVOR to 1-202-304-1200 to chat
<b>Email</b>	<a href="mailto:info@thetrevorproject.org">info@thetrevorproject.org</a>



<b>Website</b>	thetrevorproject.org
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<b>Street Outreach Services (S.O.S.)</b>	
<b>Description</b>	Street Outreach Services is a street-based outreach program offering crisis intervention, counseling, advocacy, and prevention services. Counselors work to help homeless, runaway or couch-surfing teens find a safe and stable home. S.O.S. offers teens up to age 21 a variety of services including: Referral and transportation to shelter facilities; Life-skills training and connection to community services; and Prevention education and outreach programs.
<b>Phone</b>	1-800-355-0660

## National Organizations

<b>GLAAD</b>	
<b>Description</b>	GLAAD rewrites the script for LGBTQ acceptance. As a dynamic media force, GLAAD tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change. GLAAD protects all that has been accomplished and creates a world where everyone can live the life they love.
<b>Website</b>	<a href="https://www.glaad.org/">https://www.glaad.org/</a>

<b>GLMA Health Professional Advancing LGBTQ Equality</b>	
<b>Description</b>	Ensuring health equity for LGBTQ individuals and equality for LGBTQ healthcare professionals since 1981
<b>Website</b>	<a href="http://www.glma.org/index.cfm?nodeid=1">http://www.glma.org/index.cfm?nodeid=1</a>
<b>Services Offered</b>	Find a Provider: <a href="#">Search Tool</a>

<b>Human Rights Campaign Fund (HRC)</b>	
<b>Description</b>	National LGBTQ advocacy organization which has various focal programs including the Health & Aging Program
<b>Website</b>	<a href="https://www.hrc.org/">https://www.hrc.org/</a> <a href="http://www.thehrcfoundation.org">www.thehrcfoundation.org</a>

<b>Additional Information</b>	Resources for LGBTQ Patients <a href="https://www.hrc.org/resources/patient-resources">https://www.hrc.org/resources/patient-resources</a>  Healthcare Equality Index 2020 <a href="https://www.hrc.org/resources/healthcare-equality-index">https://www.hrc.org/resources/healthcare-equality-index</a>
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<b>It Gets Better Campaign</b>	
<b>Description</b>	The mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them.
<b>Website</b>	<a href="http://www.itgetsbetter.org">www.itgetsbetter.org</a>

<b>Lambda Legal</b>	
<b>Description</b>	Lambda Legal, a 501(c)(3) nonprofit, is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work
<b>Website</b>	<a href="https://www.lambdalegal.org/">https://www.lambdalegal.org/</a>  <a href="https://www.lambdalegal.org/states-regions/new-jersey">https://www.lambdalegal.org/states-regions/new-jersey</a>

<b>LGBT National Help Center</b>	
<b>Description</b>	Serving lesbian, gay, bisexual, transgender, queer & questioning community by providing free & confidential peer support and local resources. (youth & adults)
<b>Phone</b>	LGBT National Hotline: (888) 843-4564  LGBT National Youth Talkline: (800) 246-7743 Providing young people confidential peer support, information, local resources and more, for callers through age 25.  LGBT National Senior Hotline: (888) 234-7243 Providing senior callers, ages 50 and above confidential peer support, information, local resource and more.
<b>Email</b>	<a href="mailto:help@glbthotline.org">help@glbthotline.org</a>
<b>Website</b>	<a href="https://www.glbthotline.org/">https://www.glbthotline.org/</a>
<b>Services Offered</b>	Online peer support chat: <a href="https://www.glbthotline.org/peer-chat.html">https://www.glbthotline.org/peer-chat.html</a>

	<p>To connect one-to-one through instant message (IM) with a peer support volunteer.</p> <p>Weekly Youth chatrooms:  <a href="https://www.glbthotline.org/youthchatrooms.html">https://www.glbthotline.org/youthchatrooms.html</a>  Weekly moderated group chatrooms for youth ages 19 and younger</p> <p>LGBT near me:  <a href="https://www.glbtnearme.org/">https://www.glbtnearme.org/</a>  The largest collection of gay, lesbian, bisexual and transgender resources on the web. Find the closest social, support, community centers, youth groups services and more.</p>
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<b>Trans Lifeline</b>	
<b>Description</b>	<p>Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.</p> <p>Our hotline is run by trans people, for trans people. We believe that trans people are equipped to support one another, and that each trans person knows best what support looks like for them. We use active listening, community knowledge, shared lived experience and trust to be there for our peers.</p>
<b>Contact</b>	Jaivon Lewis
<b>Phone</b>	1-877-565-8860
<b>Email</b>	<a href="mailto:j.lewis@njcri.org">j.lewis@njcri.org</a>
<b>Website</b>	<a href="https://translifeline.org/">https://translifeline.org/</a>
<b>Services Offered</b>	<p>Trans Lifeline Resources:</p> <ul style="list-style-type: none"> <li>• Aging</li> <li>• Coming Out</li> <li>• Conferences</li> <li>• Criminal Justice Support</li> <li>• Disability</li> <li>• Domestic Violence</li> <li>• Health Care &amp; Wellness</li> <li>• ID Change Library</li> <li>• Intersex</li> <li>• Legal Support</li> <li>• Legal Transition</li> <li>• Nonbinary &amp; Genderqueer</li> <li>• Online Harassment</li> <li>• Self-Care/Emotional Support</li> <li>• Sex Work</li> <li>• Social Transition</li> </ul>

	<ul style="list-style-type: none"> <li>• Supporting A Trans Loved One</li> <li>• Trans Fem, Trans Woman, Femmes</li> <li>• Trans Masculine, Trans Guys, Masc of Center</li> <li>• Youth, Students and Summer Camps</li> </ul>
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<b>World Professional Association for Transgender Health (WPATH)</b>	
<b>Description</b>	<p>To promote evidence-based care, education, research, public policy, and respect in transgender health.</p> <p>The World Professional Association for Transgender Health (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association (HBIIGDA), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Our professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally. We are funded primarily through the support of our membership, and through donations and grants sponsored by non-commercial sources.</p>
<b>Website</b>	<a href="http://www.wpath.org">www.wpath.org</a>
<b>Additional Information</b>	<p>Standards of Care:  <a href="https://www.wpath.org/publications/soc">https://www.wpath.org/publications/soc</a></p> <p>Provider Directory Search:  <a href="https://www.wpath.org/provider/search">https://www.wpath.org/provider/search</a></p>

## Directories of Resources in New Jersey

<b>CenterLink – The Community of LGBT Centers</b>	
<b>Description</b>	<p>CenterLink was founded in 1994 as a member-based coalition to support the development of strong, sustainable, LGBTQ community centers. A fundamental goal of CenterLink’s work is to strengthen, support, and connect LGBTQ community centers, and to help build the capacity of these centers to address the social, cultural, health, and political advocacy needs of LGBTQ community members across the country. CenterLink plays a vital role in addressing the challenges centers face by helping them to improve their organizational and service delivery capacity, access public resources, and engage their regional communities in grassroots social justice movements.</p>
<b>Website</b>	<a href="https://www.lgbtcenters.org/">https://www.lgbtcenters.org/</a>

<b>Gay Lesbian Directory</b>	
<b>Description</b>	Business and Organizations supportive of the LGBT Gay Lesbian Transgender and Bisexual Community
<b>Website</b>	<a href="https://gaylesbiandirectory.com/">https://gaylesbiandirectory.com/</a>

<b>Gayellow Pages</b>	
<b>Description</b>	We are a directory of resources (business and organizational) for LGBTQI USA available online (updated monthly) at no charge.
<b>Website</b>	<a href="http://gayellowpages.com/">http://gayellowpages.com/</a>

<b>NJGayLife.com</b>	
<b>Description</b>	NJGayLife.com is the place on the web for Gay, Lesbian, Bisexual and Transgender people to receive up-to-the-minute information about our community in New Jersey.
<b>Address</b>	PO Box 224, Metuchen, NJ 08840
<b>Phone</b>	(732) 549-9054
<b>Email</b>	<a href="mailto:info@njgaylife.com">info@njgaylife.com</a>
<b>Website</b>	<a href="http://www.njgaylife.com/">http://www.njgaylife.com/</a>
<b>Services Offered</b>	<ul style="list-style-type: none"> <li>• Business &amp; Services Directory</li> <li>• Concerts</li> <li>• Dances</li> <li>• Interactive calendar for meetings</li> <li>• LGBT-owned and LGBT-friendly businesses</li> <li>• Other events</li> </ul>

<b>Out In Jersey Magazine</b>	
<b>Description</b>	Out In Jersey is a news and event website and bi-monthly LGBTQ glossy magazine. OutInJersey.net is updated with the latest news, events, features, and commentary, plus theatre, restaurant, music, books, and movie reviews each day. The magazine is distributed at over 256+ locations.
<b>Address</b>	737 Hamilton Ave., #2, Trenton, NJ 08629
<b>Phone</b>	609-213-9310
<b>Email</b>	<a href="mailto:contactus@outinjersey.net">contactus@outinjersey.net</a>
<b>Website</b>	<a href="https://outinjersey.net/">https://outinjersey.net/</a>

## **Transgender Guidance for School Districts**

<b>Description</b>	Resources and Professional Development Opportunities for School and District Staff
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<b>Website</b>	<a href="https://www.nj.gov/education/students/safety/sandp/transgender/">https://www.nj.gov/education/students/safety/sandp/transgender/</a>
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## **World Professional Association for Transgender Health**

### **WPATH Provider Search**

<b>Website</b>	<a href="https://www.wpath.org/provider/search">https://www.wpath.org/provider/search</a>
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## LGBTQIA+ Common Terms\*

**Affirmed Gender:** An individual's true gender, as opposed to their gender assigned at birth. This term should replace terms like new gender or chosen gender, which imply that an individual chooses their gender.

**Agender:** (pronounced ā-'jen-dər) Refers to a person who does not identify with or experience any gender.

**Ally:** A term used to describe someone who is actively supportive of LGBTQ people. It encompasses straight and cisgender allies, as well as those within the LGBTQ community who support each other (e.g., a lesbian who is an ally to the bisexual community).

**Androgynous:** Having an appearance or expression that is marked by a combination or blend of traditionally masculine and feminine characteristics. People who present androgynously can be gay, straight, cisgender, Trans, non-binary, or any sexuality or gender identity. Androgyne (pronounced an-druh-jain) is another term for an androgynous individual, although not all androgynous people identify with this term.

**Aromantic:** Sometimes abbreviated as aro (pronounced ā-row), the term refers to an individual who does not experience romantic attraction. Aromantic people exist on a spectrum of romantic attraction and can use terms such as gray aromantic or grayromantic to describe their place within that spectrum. Aromantic people can experience sexual attraction.

**Asexual:** Often called "ace" for short, asexual refers to a complete or partial lack of sexual attraction or lack of interest in sexual activity with others. Asexuality exists on a spectrum, and asexual people may experience no, little or conditional sexual attraction.

**Assigned Sex:** The sex assigned to an infant at birth based on the child's visible sex organs, including genitalia and other physical characteristics.

**Assumed Gender:** The gender assumed about an individual, based on their assigned sex as well as apparent societal gender markers and expectations, such as physical attributes and expressed characteristics.

**Bi-curious:** A term used to identify a person who is interested in exploring their attraction to people of a variety of genders.

**Bigender:** While gender is now widely understood to be a spectrum and not on a binary, this is a term used to identify a person whose gender identity encompasses two genders, (often man and woman, but not exclusively) or is moving between two genders.

**Biological Sex:** Refers to anatomical, physiological, genetic, or physical attributes that determine if a person is male, female, or intersex.

**Biphobia:** The fear and hatred of, or discomfort with, people who love and are sexually attracted to more than one gender.

**Bisexual:** A person emotionally, romantically or sexually attracted to more than one sex, gender or gender identity though not necessarily simultaneously, in the same way or to the same degree. Sometimes used interchangeably with pansexual.

**Cisgender:** A term used to describe a person whose gender identity aligns with those typically associated with the sex assigned to them at birth.

**Coming Out:** The process, in which a person first acknowledges, accepts and appreciates their sexual orientation or gender identity and begins to share that with others.

**Deadnaming:** Occurs when an individual, intentionally or not, refers to the name that a transgender or gender expansive individual used at a different time in their life.

**Disclosure:** A word that some people use to describe the act or process of revealing one's transgender or gender expansive identity to another person in a specific instance.

**Gay:** A person who is emotionally, romantically or sexually attracted to members of the same gender. Men, women and non-binary people may use this term to describe themselves.

**Gender binary:** A system in which gender is constructed into two strict categories of male or female. Gender identity is expected to align with the sex assigned at birth and gender expressions and roles fit traditional expectations.

**Gender dysphoria:** Clinically significant distress caused when a person's assigned birth gender is not the same as the one with which they identify.

**Gender-expansive:** A person with a wider, more flexible range of gender identity and/or expression than typically associated with the binary gender system.

**Gender expression:** External appearance of one's gender identity, usually expressed through behavior, clothing, body characteristics or voice, and which may or may not conform to socially defined behaviors and characteristics typically associated with being either masculine or feminine.

**Gender Expression:** The manner in which a person communicates about gender to others through external means such as clothing, appearance, or mannerisms. This communication may be conscious or subconscious and may or may not reflect their gender identity or sexual orientation.

**Gender fluid:** Describes a person who does not consistently adhere to one fixed gender and who may move among genders.

**Gender identity:** One's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

**Gender non-conforming:** A broad term referring to people who do not behave in a way that conforms to the traditional expectations of their gender (whether cisgender or transgender), or whose gender expression does not fit neatly into a category.

**Genderqueer:** Genderqueer people typically reject notions of static categories of gender and embrace a fluidity of gender identity and often, though not always, sexual orientation.

**Gender Roles:** The strict set of societal beliefs that dictate the so-called acceptable behaviors for people of different genders, usually binary in nature.

**Gender Spectrum:** The concept that gender exists beyond a simple man/woman binary model (see *Gender Binary*), but instead exists on a continuum, that can include those with no gender, those whose gender fluctuates or those whose gender encompasses one or more genders.

**Intersex:** Intersex is the current term used to refer to people who are biologically between the medically expected definitions of male and female. This can be through variations in hormones, chromosomes, internal or external genitalia, or any combination of any or all primary and/or secondary sex characteristics.

**Latinx:** (Pronounced Latin-ex, la-TEEN-ex OR la-TEEN-eh) An inclusive, gender-neutral term--sometimes used in place of the gendered, binary terms Latino or Latina--used to describe a person of Latin-American origin or descent.

**MSM:** Men Who Have Sex with Men.

**Non-Binary:** a catch-all term for all individuals whose gender is not exclusively 100% male or 100% female, IE - falls outside of the binary. Non-binary can be an umbrella term, to encompass people who are agender, gender-fluid, etc., or simply an identity label on its own. Some non-binary individuals do not transition, while others undergo medical, social and



hormonal transitions. Some non-binary people choose to use the more gender-neutral pronouns they/them, while others use a host of other pronouns like he or she.

**Questioning:** Describes those who are in a process of discovery and exploration about their sexual orientation, gender identity, gender expression, or a combination thereof.

**Transition:** A term used to refer to the process—social, legal, and/or medical—one goes through to affirm one’s gender identity. This may, but does not always, include taking hormones; having surgeries

*\*Terms relating to the LGBTQ+ community are always evolving and/or changing. Please be mindful of the use of terminology and check back with your local LGBTQ+ providers for updates and best use terms.*

**Other resources for common terms:**

PFlag: <https://pflag.org/glossary>

HRC: <https://www.hrc.org/resources/glossary-of-terms>